

Leeds Drug and Alcohol Strategy and Action Plan (2013 – 2016)

Leeds is a city that promotes a responsible attitude to alcohol and where individuals, families and communities affected by the use of drugs and alcohol can reach their potential and lead safer, healthier and happier lives

Healthy Leeds

Children Leeds

Safer Leeds
tackling drugs and crime

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Leeds Drug and Alcohol Strategy

This document describes our plans for tackling drug and alcohol misuse in Leeds. Informed by the ambitions and challenges of the National Drugs Strategy 2010 and the Government's Alcohol Strategy 2012, we have worked collectively to agree our vision and the priority outcomes and actions to achieve this. We will work in partnership across the City to deliver these outcomes. The success of this strategy will also contribute to achieving our 5 City Priorities, which are to ensure that Leeds is the best city for Health and Wellbeing; Children and Young People; Business; Communities and is the best city in which to live.

What is the issue?

Misuse of drugs and alcohol has a huge impact on individuals, children, families and communities in our city. These include:

- Damaging the health and wellbeing of individuals
- Damaging the quality of life, life chances and safety of children and families of those who are misusing substances
- Crime and antisocial behaviour
- Economic costs to the city from lost productivity and costs to health, social care and the criminal justice system

What are we going to do?

Our vision is that **Leeds is a city that promotes a responsible attitude to alcohol and enables individuals, families and communities affected by the use of drugs and alcohol to reach their potential and lead safer, healthier and happier lives.**

To achieve this we have set out four key outcomes, which are as follows:

1. People choose not to misuse drugs and/or alcohol

We will achieve this by working to ensure everyone, in particular young people, understand the harms of drugs and alcohol and that they have options available to them to make better choices. We will also work to reduce the inappropriate availability of drugs and alcohol.

2. More people to recover from drug and alcohol misuse

Drug and alcohol treatment is effective in improving health, saving lives and reducing crime. We will continue to improve our treatment services and ensure that they are responsive and available to all our communities. We will also ensure that Leeds is a place where people are able to recover from drug and alcohol misuse, live drug free lives and make a positive contribution to their communities.

3. Fewer children, young people and families are affected by drug and alcohol misuse

Drug and alcohol misuse can often be linked with family breakdown. We will work to ensure that we are better able to identify and support vulnerable children and families. We will also work to ensure that we protect children and young people from being exploited through the use of drugs and alcohol.

4. Fewer people experience crime and disorder related to the misuse of drugs and alcohol

A significant amount of crime in the city is linked to drug and alcohol misuse, either through people committing crime to pay for drugs and alcohol, or through behaviours associated with the use of drugs and alcohol. We will ensure offenders with drug and alcohol misuse issues have clear routes into treatment services and opportunities for effective rehabilitation. We will also manage the night time economy to reduce alcohol harm and disrupt and reduce the impact of organised crime groups.

How are we going to do it?

We have seen some very positive trends over the last few years. Drug and alcohol treatment services have improved considerably and we are seeing significant increases in the number of people who are leaving treatment and living lives free from drugs and alcohol. We have also seen significant reductions in certain crimes traditionally linked to Class A drug misuse, such as burglary and robbery.

However, we are now seeing different patterns of drug use emerging, with fewer heroin and crack users, but more widespread cannabis use and emerging drugs such as new psycho-active substances (NPSs) - otherwise known as 'legal highs' - and people becoming dependent upon or addicted to prescription medicines. We are also seeing many people drinking alcohol above the recommended limits.

The scale of these issues cannot be tackled by one organisation or in isolation. We will only be able to achieve the outcomes and challenges outlined above through working together. To be effective, this strategy will need to harness the efforts of individuals, people in

recovery, families, communities, treatment agencies, faith organisations, and public, private and third sector organisations. We will continue to work in partnership across the City to deliver these outcomes.

How will we check on progress?

The Drug and Alcohol Management Board is a partnership of Public Health, Police, Probation, Adult Social Care, Leeds City Council (LCC) Drugs and Alcohol Service Commissioning, LCC Children's Services, the third sector and LCC Licensing. The Board has developed the strategy and action plan in consultation with a wide range of partners, service providers and service users. It is responsible for management of the actions within the plan and for signing off performance reports.

The City-wide vision and the four key outcomes are the framework for three Leeds locality action plans that will maximise the use of local intelligence, community engagement and partnership working to prioritise and shape action on drugs and alcohol to meet local needs. The action plans that will be key strands of the City-wide plan and the progress on their performance will be reported to the Drug and Alcohol Management Board.

The Board will report on the progress towards achieving strategic outcomes for the whole plan to the Health and Wellbeing Board. Progress on priorities to reduce the impact of drugs and alcohol on crime and disorder will also be reported to the Safer Leeds Executive. Progress on meeting the Drug and Alcohol strategic priorities for children and young people will be reported separately to the Children's Trust Board.



OUR VISION AND PRIORITY OUTCOMES

Leeds is a city that promotes a responsible attitude to alcohol and where individuals, families and communities affected by the use of drugs and alcohol can reach their potential and lead safer, healthier and happier lives.

Our vision contributes to the wider vision for Leeds, in that by 2030 Leeds will be locally and nationally recognised as the best city in the UK. We will drive change forward by working effectively with our partners, stakeholders and service users.

Outcomes	Priorities	Headline Indicators
1. People choose not to misuse drugs and/or alcohol	1.1 Increase public awareness and knowledge about the harm caused by alcohol and drugs 1.2 Early identification and support of people who want to change their alcohol and/or drug using behaviour 1.3 Tackle the availability of illegal drugs and the inappropriate availability of alcohol and other legal substances 1.4 Influence local and national policy that affects the availability of drugs and alcohol	<ul style="list-style-type: none"> • Patterns of alcohol and/or drug use as measured by Leeds Healthy Lifestyle Summary • Percentage of under 16 year olds who regularly drink alcohol • Percentage of under 16 year olds who misuse drugs • Rates of alcohol specific hospital admissions for under 18s
2. More people to recover from drug and alcohol misuse	2.1 Ensure good quality drug and alcohol treatment services that respond rapidly and effectively to changing patterns of drug and alcohol misuse. 2.2 Improve housing outcomes for people in recovery (safe, suitable and supported) 2.3 Improve employment and training outcomes for people in recovery 2.4 Build a visible recovery community in Leeds, which includes effective mutual support	<ul style="list-style-type: none"> • Number of successful completions from drug and alcohol treatment • Re-presentations to drug and alcohol treatment services • Alcohol related hospital admission rates, both specific and attributed
3. Fewer children, young people and families are affected by drug and alcohol misuse	3.1 Improve the quality and availability of drug and alcohol education in schools 3.2 Protect children and young people from exploitation through drug and alcohol misuse 3.3 Ensure young people's drug and alcohol treatment services work effectively with partner agencies to identify and respond holistically to the needs of children and young people 3.4 Effective identification and support for children, young people, and family members who are affected and harmed by the drug and alcohol misuse of others	<ul style="list-style-type: none"> • Number of looked after children where parental drug and/or alcohol misuse is a factor
4. Fewer people experience crime and disorder related to the misuse of drugs and alcohol	4.1 Ensure fewer families experience domestic violence related to the misuse of drugs and/or alcohol 4.2 Ensure safeguarding and support of family members of drug and alcohol misusers 4.3 Ensure the effective rehabilitation of offenders who have drug and/or alcohol issues 4.4 Disrupt and reduce the impact of organised crime groups linked to the supply of drugs and alcohol 4.5 Manage the night time economy to reduce alcohol harm	<ul style="list-style-type: none"> • Rate of reported drug and/or alcohol related crime and anti-social behaviour, including domestic violence • Re-offending rates - Probation and Drug and Alcohol treatment services

LEEDS DRUG AND ALCOHOL ACTION PLAN 2013 - 2016

OUTCOME 1. People choose not to misuse drugs and/or alcohol

Priority 1.1 Increase public awareness and knowledge about the harm caused by alcohol and drugs

Action	Action Owner	Milestone or Target
Develop and implement a programme of social marketing in line with national campaigns, using social media, around drug and alcohol misuse	Diane Powell, LCC Jan Burkhardt, LCC	Delivery plan for social media campaigns to be agreed
Improve mechanisms to ensure robust and timely information and intelligence on the use and impact of drugs and alcohol in the city in order to ensure effective responses to changing patterns	Brenda Fullard, LCC	Implementation of a reactive dataset through joint working – July 2014

Priority 1.2 Early identification and support of people who want to change their alcohol and/or drug using behaviour

Action	Action Owner	Milestone or Target
Ensure key agencies are able to deliver Identification and Brief Advice (IBA) around drug and alcohol misuse including children's wider workforce	Diane Powell, LCC Jan Burkhardt, LCC	Training programme developed and implemented – April 2014
Introduce an effective workforce development programme for staff in specialist drug and alcohol services, with a key focus on recovery	Brenda Fullard, LCC	Regular skills audit for workforce
Ensure effective responses from agencies across Leeds with regards to signposting people to drug and or alcohol services where appropriate	Brenda Fullard, LCC	Increase in the number of appropriate referrals to services

Priority 1.3 Tackle the availability of illegal drugs and the inappropriate availability of alcohol and other legal substances

Action	Action Owner	Milestone or Target
Develop multi agency responses, including intelligence led activity, to reduce the illegal sale of alcohol and legal NSPs, and deal with large scale events such as Leeds Festival	David Lodge, Trading Standards Melanie Jones, WYP	Reduction in the proportion of retailers who illegally sell alcohol using test purchasing
Tackle irresponsible and aggressive promotion and marketing campaigns that encourage excessive and competitive drinking of alcohol	Nicola Raper, LCC	Observed reduction in aggressive promotion and marketing campaigns
Monitor the impact and potential for roll-out of local South Leeds licencing guidance framework pilot scheme in other areas where there are high numbers of licenced premises and a higher percentage of problematic alcohol users	Nicola Raper, LCC	More responsible retailing and better informed decisions in relation to new or revised applications

Priority 1.4 Influence national policy that affects the availability of drugs and alcohol		
Action	Action Owner	Milestone or Target
Influence national policy that relates to drugs and alcohol for the benefit of the people of Leeds	Brenda Fullard, LCC	Change in national policy

OUTCOME 2 More people to recover from drug and alcohol misuse

Priority 2.1 Ensure good quality drug and alcohol treatment services that respond rapidly and effectively to changing patterns of drug and alcohol misuse		
Action	Action Owner	Milestone or Target
Review of current drug and alcohol treatment service and re-commission to achieve higher levels of clients in sustained recovery	Louise Hackett, LCC Diane Powell, LCC	Re-commissioned services in place by April 2015
Review existing interventions and develop a robust multi agency model to reduce alcohol-related hospital admissions	Diane Powell, LCC	Multi agency model developed and implemented – December 2013
Improve the effectiveness, capacity and local access of specialist alcohol treatment services	Diane Powell, LCC	Increase number of treatment places during 2013/14
Ensure effective responses to vulnerable groups/individuals (e.g. the homeless, sex workers) affected by drug and/or alcohol misuse	Louise Hackett, LCC Diane Powell, LCC	Pathways and protocols to be reviewed by December 2013. Accessible and appropriate services to be integrated into new service model and in place by April 2015.

Priority 2.2 Improved housing outcomes for people in recovery (safe, suitable and supported)		
Action	Action Owner	Milestone or Target
Identify key housing issues which are a barrier to successful treatment and recovery	Robert McCartney, LCC	Review undertaken by December 2013
Ensure that people who are discharged from residential rehabilitation have suitable accommodation to support their recovery	Robert McCartney, LCC	All practitioners have named contacts for housing workers who can offer support if needed
Ensure appropriate housing for people released from prison, to support recovery	Robert McCartney, LCC	Protocols agreed and established – December 2013

Priority 2.3 Improve employment and training outcomes for people in recovery		
Action	Action Owner	Milestone or Target
Develop and embed joint working arrangements between treatment services, Job Centre Plus and Work Programme providers to increase access to employment and training opportunities	Dawn Bray, LCC	Joint working protocol rolled out across all services – January 2014 Baseline established for monitoring improved outcomes – April 2014
Ensure that service specifications/contracts promote links to employment and training as part of the recovery pathway for people in drug and/or alcohol treatment	Dawn Bray, LCC	New service specifications/contracts and performance framework include employment related outcome measures – April 2015

Priority 2.4 Build a visible recovery community in Leeds, which includes effective mutual support		
Action	Action Owner	Milestone or Target
Work in partnership to develop locality based recovery in Leeds	Brenda Fullard, LCC	Co-production locality events held, and locality plans developed – April 2014
Use of social media to promote and develop the recovery community in Leeds	Louise Hackett, LCC	All drug and alcohol services to contribute to '@RecoveryLeeds' and the Blog Social media surgery to be held at the Space – December 2013
Ensure that contracts and service specifications promote and support effective recovery in the city	Louise Hackett, LCC	All drug and alcohol service contracts to include promotion of recovery – April 2015

OUTCOME 3 Fewer children, young people and families are affected by drug and alcohol misuse

Priority 3.1 Improve quality and availability of drug and alcohol education in schools		
Action	Action Owner	Milestone or Target
Work with schools to address drug and alcohol misuse through Personal Health and Social Education	Anne Cowling, LCC	Increased number of schools choosing the drugs/alcohol/tobacco priority for Healthy Schools Plus

Work with alternative education (i.e. Pupil Referral Units, Inclusion Units) to enable delivery of drug and alcohol misuse information	Jan Burkhardt, LCC	Increased number of children and young people in alternative education receiving alcohol and drug misuse education
Ensure Cluster Action Plans effectively address drug and alcohol misuse, including information and appropriate referrals	Andy Peaden, LCC	Develop school cluster model – April 2014
Enable delivery of drug and alcohol misuse education through Safer Schools Partnership Officers, specifically targeted at clusters/schools in higher risk areas	Melanie Jones, WYP Andy Peaden, LCC	Training programme developed and delivered by Safer Schools Partnership Officers – September 2014
Ensure youth workers have drug and alcohol misuse advice as a key component of their skillset	Andy Peaden, LCC	Youth Service contracts to specify to address drug and/or alcohol misuse as part of normal delivery

Priority 3.2 Protect children and young people from exploitation through drug and alcohol misuse

Action	Action Owner	Milestone or Target
Review existing services which have a Child Sexual Exploitation focus, with the aim of having an integrated prevention, early identification of risk and response for Leeds	Melanie Jones, WYP	Review existing services and establish Child Sexual Exploitation protocol and commissioning plan – April 2014

Priority 3.3 Ensure young people's drug and alcohol treatment services work effectively with partner agencies to identify and respond holistically to the needs of children and young people.

Action	Action Owner	Milestone or Target
Improve identification and referral protocols and pathways into young people's drug and alcohol services	Anne Cowling, LCC	Pathways developed with schools, health and primary care services
Identify children and young people at high risk of alcohol related harm through A&E admissions and ensure care pathway is developed and coordinated.	Jan Burkhardt, LCC	Pathway developed and implemented Staff trained to give advice, guidance and support to children and young people on drug and alcohol misuse and, where appropriate, provide IBA Referrals/signposting to support services

Ensure effective transition from young people's services to adult drug and alcohol treatment services	Louise Atherton, LCC	Review and re-commission drugs and alcohol treatment services that lead to recovery for children and young people, ensuring liaison with adult services by April 2015
Review how best to improve drug, alcohol and sexual health needs of children and young people. Link emerging work to the developing 'young person's hub'	Brenda Fullard, LCC	New arrangements in place by April 2015

Priority 3.4 Effective identification and support for children, young people, and family members who are affected and harmed by the drug and alcohol misuse of others

Action	Action Owner	Milestone or Target
Strengthen the identification and referral pathways of parents with drugs and alcohol misuse into treatment focusing on women in early pregnancy who already have Looked After Children (LAC), parents who have children who are looked after, children living with their parents and at increasing risk of harm	Jim Hopkinson, LCC Adele Penfold, LCC	Think Family protocol reviewed and implemented by April 2014
Early Start Team to deliver early intervention and prevention work to reduce negative impact of parental alcohol and drug misuse on children	Jan Burkhardt, LCC	Increased number of alcohol and/or drug misusing parents who are referred into drug and/or alcohol treatment services and receiving support
Ensure effective pathways and interventions into treatment for young people through the Single Youth Custody provision	Melanie Jones, WYP	Increased number of young people accessing treatment through the Youth Custody Pathway

OUTCOME 4 Fewer people experience crime and disorder related to the misuse of drugs and alcohol

Priority 4.1 Ensure fewer families experience domestic violence related to the misuse of drugs and/or alcohol

Action	Action Owner	Milestone or Target
Ensure effective partnership working around actions outlined in the emerging Domestic Violence Strategy related to drugs and/or alcohol	Brenda Fullard, LCC Louise Hackett, LCC	Roll out training to all agencies that addresses the inter-relationship of

		alcohol and domestic violence Develop joint processes to improve the referral pathways for victims and perpetrators of domestic violence where alcohol is a contributory factor
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Priority 4.2 Ensure safeguarding and support of family members of drug and alcohol misusers		
Action	Action Owner	Milestone or Target
Develop effective links between Carers Leeds and the Leeds Safeguarding Unit in order to support people who are adversely affected by a family member or significant other's drug and/or alcohol misuse.	Melanie Jones, WYP Safeguarding Unit - TBC	Increased number of referrals between Carers Leeds and Leeds Safeguarding Unit.

Priority 4.3 Ensure the effective rehabilitation of offenders who have drug and/or alcohol issues		
Action	Action Owner	Milestone or Target
Utilise Recovery champions, volunteers and peer mentors in the delivery of criminal justice interventions for offenders	Jude Roberts, WYPT Andy Peaden, LCC Prison - TBC	Increased number of volunteers and peer mentors working in criminal justice settings
Enhance and improve community/prison links and discharge planning	Jude Roberts, LCC Prison - TBC	Increased number of Releases On Temporary License (ROTLs) within community settings
Reduce drug supply in prisons by improving intelligence links at the 6 th hub and Community Policing Teams	Melanie Jones WYP	Identification of those convicted for drug supply Working with visitor centres to support parents and partners of offenders Develop capacity of prison hub to improve intelligence Work with prisoners on recovery wings at both prisons
Support restorative approaches for drug and alcohol users committing crime	Melanie Jones, WYP Jude Roberts, WYPT	Development of effective pathways and interventions
Progress use of 'Out of Court Disposals' as a means of getting people into treatment	Melanie Jones, WYP	Protocols developed and in place by April 2014
Improve partnership working with sentencers to promote recovery for	Jude Roberts, WYPT	Increased number of community

offenders	Andy Peaden, LCC	sentences with drug and alcohol requirements
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Priority 4.4 Disrupt and reduce the impact of organised crime groups linked to the supply of drugs and alcohol

Action	Action Owner	Milestone or Target
Work in partnership to tackle the production on cannabis and disrupt the sale of new psychoactive substances (NPSs)	Melanie Jones, WYP David Lodge, Trading Standards	Increased action around seizures of illegal drugs and NPSs

Priority 4.5 Manage the night time economy to reduce alcohol harm

Action	Action Owner	Milestone or Target
Develop a mechanism for securing business support, including financial contribution via a collective budget, in order to fund improvements that lead to a reduction in alcohol harm, subject to the implementation of the late Night Levy	Nicola Raper, LCC	Quarterly monitoring and annual review
Work with key partners to achieve the key actions as set out in the Night Time Economy Strategy	Stephen Palmer, WYP	Quarterly monitoring and annual review
Monitor and review the Statement of Licensing Policy and Local Area Guidance, in association with partners	Nicola Raper, LCC	Annual Review
Identify and work with problem licensed premises	Nicola Raper, LCC	Increased number of premises involved in PubWatch and BACIL Increased test purchase operations