

## Health and Wellbeing Health Activity Inner East Leeds – May 2014

Action	Who's involved	Current position	Next steps/outcome
<p>Childhood Obesity</p> <p><b>Rationale</b> Priority within the H &amp;WB Strategy</p>	<p>Alison Cater (PH Specialist Children's Directorate) Janet Smith</p> <p>C4L -Childhood Obesity group led by Alison Cater Richmond Hill. Alison Cater, Zest, Primary schools in RH, Jason Minott, Zaheda Noor</p>	<p>Harehills Project has been running for some time. Model rolled out to Richmond Hill.</p> <p>Summer Swimming Project 2014</p>	<p>The proportion of healthy weight children in both reception year and Yr 6 does appear to be increasing across the Inner East generally, but Gipton and Harehills have seen an increase in overweight children and Killingbeck and Seacroft children are entering school a healthy weight, but gaining more as they move into Yr 6</p> <p>Due to the success of the summer swimming project 2013. Richmond hill health and well being partnership group is supporting this project to take place during summer school holidays 2014 by providing some funding towards the project.</p>
<p>Health and Wellbeing Team approached to develop joint Health/Children's Services project in Seacroft/Manston cluster</p>	<p>Janet Smith Joanne Buck Alison Cater</p>	<p>Frontline staff training delivered at the Moyes Centre in October</p>	<p>Evaluation has shown that further delivery is worthwhile, and is organised for May 2014 at Dame Fanny Waterman Centre</p>
<p>Reducing damage caused by smoking &amp; tobacco use</p> <p><b>Rationale</b> Priority within the H &amp;WB Strategy</p>	<p>Liz Bailey Janet Smith Babul Hussein Safina Sher (Joint project with S &amp;E and WNW)</p>	<p>Niche tobacco project Harehills (Shisha and chewing tobacco)</p>	<p>Continuation funding now secured.</p> <p>Year 2 focus to be on capacity building work with local VCFS orgs, key workers to establish champions and provide them with toolkit. Also follow up evaluation to</p>

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	<p>Liz Bailey Claire Billingham Sally Hoy Karen Umpleby</p>	<p>Young People's Smoking behaviour questionnaire Inner East Leeds</p>	<p>gain further insight into post awareness raising behaviour</p> <p>Action plan under development</p> <p>Project came 2<sup>nd</sup> in Local Government Chronicle Award in PH Category 12<sup>th</sup> March 2014</p> <p>Sent to Steven Bodie Healthy Schools. To arrange follow up meeting to discuss possible actions</p>
	<p>Liz Bailey Bash Uppal</p>	<p>COPD screening questionnaire through stop smoking service (Bellbrooke Surgery)</p>	<p>Patients have now been identified and in system.</p> <p>Learning from pilot feeding into new COPD awareness raising project funded by S &amp; E CCG in Inner East. Primary care staff capacity, training and follow up key issues which need to be addressed</p>
	<p>Louise Cresswell Burmantofts Health Improvement Partnership / RH HWB Partnership</p>	<p>Develop activity to address the impact of smoking /second hand smoke</p> <p>Health For All delivering Smoke Free Homes work in B and RH.</p>	<p>Reviewing format of current Burmantofts and RH HWB partnerships with plans to merge the two. Merged meeting to be held May.</p> <p>Smoking to be transferred as ongoing action</p>
	<p>Feel Good Factor Zest Health for Life ELHFA Space 2</p>	<p>Third sector contracts include referral to stop</p>	<p>New contracts in place for third sector agencies 2014-15. Currently trialling new monitoring system Q1 for</p>

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<p>Ensure local workplaces are modelling non - smoking behaviour (ENE H &amp;WB Partnership priority)</p>	<p>Louise Cresswell (contract mgr - LCC)</p> <p>Liz Bailey</p>	<p>smoking service</p> <p>LCC Smokefree Workplace Policy (includes ENE workplaces &amp; local staff) updated</p>	<p>implementation Q2</p> <p>Completed- implemented by HR</p> <p>Issues created by e cigarettes to be monitored and policy updated. Awaiting good practice policy being developed by other LAs in conjunction with Action on Smoking and Health</p>
<p>Support Diabetes awareness raising &amp; prevention</p> <p><b>Rationale</b> Harehills identified as prevalence hot spot by JSNA</p>	<p>Liz Bailey Corrina Lawrence</p> <p>Chapelton / Harehills HWB Partnership Louise Cresswell Janet Smith Zaheda Noor</p>	<p>£8,000 Public Health funds has raised awareness of diabetes issues in South Asian/Caribbean Communities and developed skills around appropriate culturally acceptable diet to prevent/manage diabetes</p> <p>Partnership currently mapping current local activity around diabetes and identifying areas for improvement / working</p>	<p>Funding for this work now ended but informally built into work. Programme now being taken forward by Chapelton and Harehills Health Partnership below</p> <p>Diabetes to be addressed through obj 2 of action plan – To increase opportunities for healthy living (Food / Physical activity)</p>
<p>Reducing Harm of alcohol use</p> <p><b>Rationale</b> Priority within the H &amp;WB Strategy</p>	<p>Liz Bailey Becky Malby (Leeds Uni) Service users</p> <p>Liz Bailey</p>	<p>Co-producing health group working with service users to design and commission services in LS14</p> <p>Delivery of ENE wide multi -agency alcohol harm reduction plan</p>	<p>Refreshed Drug &amp; Alcohol Strategy co-produced.</p> <p>Plans to develop vacated Oakwood Lane Health Centre into Third Sector/ Community led Wellbeing Centre. Interim funding not yet confirmed, but if agreed could form a base for development of social prescribing network in Gipton</p>

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	Liz Bailey	Discussions held with Public Health England re support available to help set up Local Alcohol Action Areas	<p>Audit work aiming to assess potential for developing voluntary agreement to reduce sales of super strength alcohol in local areas took place 30<sup>th</sup> April 2014</p> <p>Option paper being taken to ENE Exec Group to support case for developing LAAA type initiative</p>
	Liz Bailey Aneesa Anwar	Non clinical professionals trained to use Audit C screening to identify and signpost those with alcohol issues	6 month post training follow up of 34 non-clinical staff trained in January 2014 to take place in June. Ascertain and if necessary address confidence, usage, outcomes and links with other local action
	Janet Smith Lisa Hammond Emma Tregidden Howard Bradley	Additional training for frontline workers across Gipton and Seacroft to use the Audit C.	Delivered April 2014
		Cascade this to Space 2 Fresh Project volunteers and pilot use of the Audit C by volunteers with the support of workers.	Planned for May 2014
	Louise Cresswell Zaheda Noor	Burmantofts / RH Alcohol sub group established. Action focussed group.	Local area alcohol action plan developed. Share of 3K locality monies for alcohol work allocated.
		ELHFA leading alcohol peer support project in the Burmantofts area. Very positive outcomes being achieved in terms of engagement, behaviour change and supporting service users into mainstream support	To provide ongoing support to develop alcohol peer support project.

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<p>Financial Inclusion</p> <p><b>Rationale</b> Help mitigate potential negative impact of Welfare Reforms</p> <p>Welfare Reforms</p>	<p>Louise Cresswell FGF Sharon Hughes</p>	<p>FGF funded by PH and Area Committee to support and engage most vulnerable and hard to reach residents in East Leeds around the Welfare Reforms.</p> <p>Contribute to relevant local partnerships e.g. East Leeds Debt Forum, East Leeds Welfare Reforms Project Group</p>	<p>Commissioned until June 2014</p>
<p>Mental Health/Suicide Prevention</p> <p><b>Rationale</b> Suicide Audit &amp; Councillor/local concerns</p>	<p>Cllr Ron Grahame Liz Bailey Sylvia Landells (ASC)</p> <p>Janet Smith Jo Buck Emma Tregidden</p>	<p>Local meeting held in abeyance</p> <p>Mental health/suicide prevention training opportunities circulated</p> <p>Space 2 deliver 2 men's groups in Seacroft; an "acute" group and a group working towards employment, confidence building etc.</p>	<p>Community Sub group of citywide Suicide Group has identified key actions and sent to citywide suicide prevention group. Request for update sent to citywide group &amp; awaiting response</p> <p>Oblong now starting to deliver contract to provide 5 Headspace mental health courses during 2014.</p> <p>Exploring mechanisms to increase number of key workers and community members trained to identify/signpost/support those at risk of suicide</p> <p>Seeking additional funding to match the public health contribution to continue the groups through 2014, linking with the current project led by Housing to address issues around welfare reforms/bedroom tax and men living in 2 bedroom</p>

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			multi storey flats
<p>Lifestyle and wider determinants e.g. affordable warmth health check for private sector tenants</p> <p><b>Rationale</b> Targets vulnerable families and offers support on a number of health/welfare issues</p>	<p>Liz Bailey Mark Ireland SCIP Team Leeds University</p>	<p>Cross Green Group Repair Scheme will track tenants over the life of the scheme</p>	<p>Health questionnaire now developed and awaiting start date from housing .</p> <p>Working closely with City Connect (Living Streets Project), Back to Front</p> <p>Stakeholder meeting to be convened May 2014</p> <p>Date for Health Is Everyone's Business training for stakeholders tbc</p>
<p>Long Term conditions management</p> <p><b>Rationale</b> Linked to priority within the H &amp;WB Strategy</p>	<p>Liz Bailey Vicky Walker LCHCS(Respiratory Team)</p>	<p>Support Breathe COPD management group including inhaler technique initiatives (Seacroft)</p>	<p>DVD nearing completion. Training session for Third Sector partners delivered 12<sup>th</sup> March 2014</p>
<p>Increase levels of physical activity in those with or at risk of long term health conditions.</p> <p><b>Rationale</b> Linked to priority within the H &amp;WB Strategy.</p>	<p>Janet Smith Hamara ECHO Centre Zest Health for Life Space 2 Active Lifestyle Officer</p>	<p>Third Sector commissioned to support Walking for Health groups which meet weekly for short local walks in Harehills and the city centre.</p> <p>Leeds Let's Get Active being promoted via 3<sup>rd</sup> sector organisations and other partners.</p> <p>Increased cycling and physical activity promoted via Leeds Let's get Active.</p>	<p>Local people accessing Fearnville Leisure Centre and other new community physical activities.</p> <p>Gym in Harehills being supported to increase usage by local people. Linking up with Third sector organisations</p>
<p>Establish Seacroft Health Improvement</p>	<p>Janet Smith Space 2</p>	<p>Group is now established with regular</p>	<p>Continuing work on Alcohol, Physical Activity, Obesity,</p>

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<p>Group in Seacroft.</p> <p><b>Rationale</b> Build capacity of partners to deliver Health and Wellbeing priorities</p>	<p>Seacroft Health Improvement Group Ayesha Lewis Emma Strachan Karen Peck Alison Cater</p>	<p>themed meetings, development of alcohol work facilitated via this group. Additional Cook 4 Life cooking courses and local Ministry of Food course planned for 2014 Action planning for 2014/15 NIP</p>	<p>Cancers, Mental Health and Oral Health</p>
<p>Establish Gipton Health Improvement Group in Gipton</p> <p><b>Rationale</b> Build capacity of partnerships to deliver Health and Wellbeing priorities.</p>	<p>Janet Smith Space 2 Gipton Health Improvement Group Debbie Gedge LCH Oral Health Team Ayesha Lewis Karen Peck Alison Cater</p>	<p>Group is now established with regular themed meetings, Oral Health promotion campaign planned for smile month from late April 2014. Action planning for 2014/15 NIP</p>	<p>Continuing work on Alcohol, Physical Activity, Obesity, Cancers, Mental Health and Oral Health</p>
<p>Lead and drive forward development of local HWB activity in B/RH through partnership working</p> <p><b>Rationale</b> Build capacity of partnerships to deliver Health and Wellbeing priorities</p>	<p>Louise Cresswell Burmantofts Health Improvement partnership Richmond Hill Health and Well-being Partnership</p>	<p>Regular meetings held Action plan 2013-14 developed.</p>	<p>To review current format of HWB partnerships in the Burmantofts and RH areas. A merged B/RH HWB meeting to be held in May 2014 to look at opportunities, risks and practicalities of merging the 2 groups.</p>
<p>Lead and drive forward development of local HWB activity in the Harehills area through the Chapeltown and Harehills HWB group.</p> <p><b>Rationale</b> Build capacity of partnerships to deliver Health and Wellbeing priorities</p>	<p>Louise Cresswell Janet Smith Zaheda Noor Chapeltown and Harehills HWB Partnership</p>	<p>Harehills Healthy Living group merged with Chapeltown HWB group – Oct 2014. 2 meetings held to date with excellent attendance from a broad range of partners. Currently developing local level action plan based on local level health need and gaps in provision</p>	<p>Draft action plan 2014-15 developed</p>

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<p>Increasing Early detection of lung cancer</p> <p><b>Rationale</b> Linked to priority within HWB strategy</p> <p>High prevalence of lung cancer in deprived communities – Inner East Leeds</p>	<p>Ayeesha Lewis</p>	<p>FGF commissioned to raise awareness around the signs and symptoms of lung cancer and to support people from target communities in inner east Leeds to access the self-referral chest x ray clinics.</p>	<p>Intended outcome – Increased early detection of lung cancer.</p> <p>Update report available &amp; has been distribute.</p> <p>PH lead for this project has now been passed to new PH cancer specific post holder.</p>