

The Transformation of Learning Disability Day Services

Better Lives for people in Leeds

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Since 2010 the **Learning Disability Day Services Modernisation** project has transformed day opportunities for adults with learning disabilities in Leeds. This paper details and illustrates what has been achieved.

Building Bases

South South East

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South South East Service	Postcode
Specialist Day Centre	
Rothwell Fulfilling Lives Centre – new build	LS26 8EL
Community Bases	
Rothwell Leisure Centre	LS26 8EL
Hillside	LS11 8ND
John Charles Centre for Sport	LS11 6RD
Blackgates Youth Centre	WF3 1QQ
Morley Library	LS27 8HZ
Middleton Leisure Centre	LS10 4AX
Garforth Leisure Centre	LS25 1NX



Basing services in **community buildings** such as **Hillside** has led to **joint working** with many different groups. The **Cultural Awareness Day** was jointly organised with Health 4 All and Hamara and attended by numerous other **community groups**.

From the Old to the New:



In the south of the city, old centres such as West Ardsley (top left) and Moor End (top right) have been replaced by community bases such as the one at Garforth Leisure Centre (below left) and the newly built day centre at Rothwell (below right and bottom right)



Building Bases

West North West

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West North West Service	Postcode
Specialist Day Centre	
Bramley Fulfilling Lives Centre – re-furbished	LS13 3AA
Community Bases	
Calverlands	LS18 5LA
Aireborough Leisure Centre	LS20 9BT
Strawberry Lane Leisure Centre	LS12 2SF
Pudsey Leisure Centre	LS28 7BE
Otley Courthouse	LS21 1BG
Kirkstall Leisure Centre	LS5 3BE
Holt Park Active	LS16 7RX
Headingley Heart	LS6 3HN



Some **community bases** have been located in **voluntary sector buildings** such as Otley Courthouse and Headingley HEART to ensure they are at the very **centre** of their **local communities**.

The new leisure centre at Holt Park has a **dedicated** Adult Social Care wing which enables our customers to have daily access to **state of the art** sports **facilities** and **hydrotherapy**.



Community Participation in Action

Customers and staff from the adult social care learning disability community base at Pudsey Leisure Centre 'swam the channel' recently. Everyone swam 23 lengths of Pudsey baths each week for 10 weeks which, added together, made 21 miles in distance! The swimmers raised over £350 for the Leeds Wellbeing Centre which supports homeless people with mental health problems.



Building Bases

East North East

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East North East Service	Postcode
Community Bases	
Fearnville Leisure Centre	LS8 3LF
Scott Hall Leisure Centre	LS7 3DT
Naburn Court	LS14 2DF
Richmond Hill Community Centre	LS9 8NP
Tech North Phases 1 and 2	LS7 3NB
Gardening Works at Meanwood Urban Valley Farm	LS7 2QG



The project has seen a particularly successful **partnership** between **Adult Social Care** and **Sport**. There are now learning disability community bases in **ten leisure centres** across the city. This year in the North East of the city, new bases have opened at Scott Hall and Fearnville Leisure Centres. These bases have vastly improved **opportunities** for people with learning disabilities to participate in **healthy, sporting activity** in the heart of their **community**.

Involvement


Hundreds of customers who have moved to a new service have undergone a **comprehensive assessment** of their and their carer's needs, undertaken by a member of the **care management planning team**. This has ensured that customers and their carers have been **involved** in developing and agreeing their **personalised plan of care**.



The use of **technology** such as Smart Boards in the new bases has aided our customer's **involvement** in having a say in how their services are run.



Third Sector Projects Created Through the Day Service Modernisation Programme

Organisation	Name of Project	Aim	
Chapelton Citizens Advice Bureau	Specialist Advice Worker	To provide specialist advice to people with learning disabilities and their families	
HFT	Keeping In Touch	Organising regular small and large group social events to ensure people who used to attend large day centres keep in touch when they move to smaller services	
Leep 1 (Articulate Advocacy)	People First Office	Project which promotes advocacy and work experience run by people with learning disabilities themselves.	
The Conservation Volunteers (TCV)	Hollybush Garden Scheme	Gardening and environmental volunteering project run at Hollybush in Kirkstall	
Hamara HLC	HALO	Full time day service for up to 12 people each day from BME communities.	
Health for All	The Bridge	Full time day service for up to 15 people each day from inner south Leeds area	
Connect in The North	Through The Maze	Information and signposting service for people with learning disabilities and their families	

Carlshead Ltd	Wetherby Care Farm	Animal care and craft based activities
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HFT	On My Doorstep	Individual support to access community facilities in Wetherby.
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Open Country	Wild About Wetherby	Walking group and environmental projects
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Purple Patch Arts	Inspiring Creative adventure	Two full day arts courses held in Adel and Meanwood
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Yorkshire Dance	Leaps & Bounds	Three dance classes held at the Yorkshire Dance studio and at Blackburn Hall in Rothwell
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Leep 1 (Articulate Advocacy)	Fitness Group	Fitness class held in a community venue in Wetherby
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Pyramid of Arts	Exploring the Arts	Community arts projects and in-reach arts classes for customers with profound learning disabilities
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People In Action (Leeds) UK	Apprentice Project	Community based group for people with learning disabilities from BME groups.
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Creative Support	Courtyard Café Horsforth	Community café providing employment training for people with learning disabilities
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YAMSEN	YAM Activities	Large group music classes and choir	
Better Action For Families	As One	Providing support for family carers and sessional activities such as Salsa classes.	
LPF NHS Trust	Your Health Matters	Course promoting healthy living and accessible health related resources	
SLATE	SLATE	Recycled furniture store and café providing sheltered employment and training	

Right: The Pyramid of Arts project Exploring the Arts at Light Night 2014



Employment opportunities through partnerships with voluntary sector groups and the wider council



Clockwise from top: Gardening Works, Middleton Park Café, SLATE and Creative Support's Courtyard Café.

Changing Places

Through this project Adult Social Care has taken the lead on the development of **Changing Place** facilities as part of its capital programme. Changing Places is a **national campaign** to establish **toilet** and **changing facilities**, well equipped and of an adequate size, which **carers** can use to **assist** adults who are not independent in relation to toileting. This has the potential to greatly **reduce** the **difficulties** which customers and carers experience while **accessing community** facilities.

The project has led to the creation of 22 Changing Place facilities to date.



1) Gallery Café & Shop	Central Library & Art Gallery, The Headrow, Leeds, LS1 3AA Tel: 0113 395 7116
2) Trinity Leeds	Albion Street, Leeds, LS1 5AT Tel: 0113 3942415
3) Chevin Forest Park	Education Building, Johnny Lane, Otley Leeds, LS21 3JL Tel: 01943 465023
4) First Direct Arena Leeds	Arena Way, Leeds, LS2 8BY Tel: 0844 248 1585
5) West Yorkshire Playhouse	Playhouse Square, Quarry Hill, Leeds, LS2 7UP Tel: 0113 213 7800
6) Assisted Living Leeds	81 Clarence Road, Leeds, LS10 1LZ Tel: 0113 378 3300
7) The Reginald Centre	263 Chapeltown Road Leeds, LS7 3EX Tel: 0113 333 6715
8) Tiger 11 at Hillside	Beeston Road, Leeds, LS11 8ND Tel: 0113 387 6300
9) Tech North	9 Harrogate Road, Leeds, LS7 3NB Tel: 0113 224 3555
10) Headingley HEART	Bennett Road, Headingley, Leeds, LS6 3HN Tel: 0113 275 1080
11) Armley Leisure Centre	Carr Croft Armley Leeds, LS12 3HB Tel: 0113 336 7880
12) White Rose Shopping Centre	Dewsbury Road, Leeds, LS11 8LU Tel: 0113 2291234
13) John Charles Centre for Sport	Middleton Grove Leeds, LS11 5DJ Tel: 0113 395 0000
14) Temple Newsam Park	Temple Newsam Road, Off Selby Road, Leeds, LS15 0AE Tel: 0113 264 5535
15) Middleton Leisure Centre	Middleton Ring Road, Leeds, LS10 4AX Tel: 0113 378 2455

16) Holt Park Active	Holtdale Approach, Cookridge, Leeds, LS16 7RX Tel: 0113 378 1301
17) Garforth Leisure Centre	Ninelands Ln, Garforth, Leeds LS25 1NX Tel: 0113 378 1312
18) Lotherton Hall	Lotherton Lane, Off Collier Lane, Aberford, Leeds, LS25 3EB Tel: 0113 281 3748
19) Pudsey Leisure Centre	Market Place, Pudsey, Leeds, LS28 7BE Tel: 0113 336 7686
20) Morley Leisure Centre	Queen's Way Morley Leeds, LS27 9JP Tel: 0113 336 7890
21) Golden Acre Park	Off Arthington Road, Bramhope, Leeds LS16 8BQ Tel: 0113 247 8336
22) HDU Mobile Changing Place Unit	Can be towed to wherever it is needed for a major event
To be completed:	Barleyfields Community Centre in Wetherby , the former Richmond Hill Housing Office and the Merrion Centre refurbishment will bring the city wide total to 25 by the end of the programme.



Above: The Changing Place at Leeds Gallery café and shop.

Left: Taking delivery of the new HDU Mobile Changing Place Unit.