



Report of: Susan Robins (Director of Commissioning NHS Leeds CCGs Partnership) & Steve Walker (Director of Children & Families, Leeds City Council)

Report to: Leeds Health and Wellbeing Board

Date: 28th September 2017

Subject: Annual refresh of the Future in Mind: Leeds Local Transformation Plan for children and young people's mental health and wellbeing

Are specific geographical areas affected? If relevant, name(s) of area(s):	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No
Are there implications for equality and diversity and cohesion and integration?	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No
Is the decision eligible for call-In?	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No
Does the report contain confidential or exempt information? If relevant, access to information procedure rule number: Appendix number:	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No

Summary of main issues

Future in Mind: Leeds is a single overarching strategy, underpinned by the Future in Mind: Leeds Local Transformation Plan (LTP). Last autumn the Health and Wellbeing Board had a very positive discussion and endorsed the strategy and LTP.

Our strategy brings together the Leeds response to the recommendations from the Department of Health's publication Future in Mind (2015) and the duties within the Children & Family Act (2014), in terms of the SEND requirements for pupils with Social Emotional and Mental Health needs.

The purpose this year is to review and endorse the refreshed LTP (Appendix 1). The refresh of the LTP sets out achievements to date against this challenging programme and the priorities and next steps over the next two years.

Recommendations

The Health and Wellbeing Board is asked to:

- Support, approve and champion the Future in Mind: Leeds strategy and underpinning Local Transformation Plan (LTP). The refresh of our LTP has to be published on NHS Leeds CCGs and council websites by the end of October 2017 (NHSE requirement).
- Recognise and share the achievements to date (detailed in the plan), progressed in the first years of the Future in Mind LTP funding allocations.
- Endorse how the child and young person's voice has been integral in developing the priority work-streams and going forward is embedded in the co-production of their delivery.
- Discuss how they will support the delivery of the vision, the strategy and underpinning plan.

1 Purpose of this report

- 1.1 This report is an update on how we are driving forward our ambitious strategy to transform how we support and improve the emotional and mental health of our children and young people and therefore, ultimately impact on the wellbeing of all of our population.
- 1.2 The report is the annual refresh of our Local Transformation Plan, which we need to refresh on an annual basis and publish on council and CCG websites (NHSE requirement).

2 Background information

- 2.1 The mental health of children and young people is a priority within the Joint Health and Wellbeing Strategy (2016-2021) and the Leeds Children and Young People's Plan (2015-2019) and is also integral to the Leeds Health and Social Care Plan (2016-2021).
- 2.2 The commitment of the council is clearly demonstrated with the £45m investment into world-class specialist education provision for children and young people who due to social, emotional and mental health needs require additional support in their learning. The specially designed buildings and the nurturing ethos that informs this provision will significantly improve outcomes of one of the most vulnerable cohorts of children and young people.

The 3 CCGs in Leeds invested the ring-fenced funding allocation received from NHSE, circa £1.5m, to initiate the transformation of social, emotional and mental health support and services, following assurance of our LTP in 2015. The continued commitment of the CCGs to this critical agenda is demonstrated in the continuation of that investment in 2016/17 and 2017/18.

3 Main issues

- 3.1 Our vision is to develop a culture where talking about feelings and emotions is the norm, where it is acceptable to acknowledge difficulties and ask for help and where those with more serious problems are quickly supported by people with skills to support their needs.
- 3.2 To achieve this in a context of tightening resource and evidence of increasing demand we need to work together in a single approach and to combine and transform our services. The strategy and plan evolve from the already strong relationships across our children's partnership, across health, education, social care and the third sector.
- 3.3 There is a positive and universal focus on wellbeing. We will build resilient communities to support social, emotional and mental health through a citywide continuum of support, thereby preventing and reducing the need for specialist interventions.
- 3.4 Some of our key areas of achievement are highlighted below, many more are within the LTP document:

- The MindMate website won a prestigious gold award at the Design Business Effectiveness Awards (DBA) and is being included as a best practice example in the national Positive Practice for Mental Health Collaborative Directory.
- 151 schools (as of 20/07/17) have registered for the MindMate Champion programme and our locally developed MindMate Lessons (PHSE curriculum) launched in May 2017.
- Joint funding of our MindMate Wellbeing service (school cluster) by schools, CGGs and Local Authority is agreed for the next 3 years.
- There is an established SEMH panel to support improved learning pathways reducing number of school exclusions in the city.
- The new specialist education school buildings project is on track (creating capacity for 340 specialist SEMH places in Leeds).
- There is swift access to specialist CAMHS (average wait of 6 weeks).
- The new CYP community eating disorder service is established and is on track to support the expected number of young people and delivery of the national access targets.
- West Yorkshire and Harrogate STP has been successful in their bid for New Models of Care CAMHS with LCH acting as the lead provider.

3.5 Key priorities for the remainder of this year and for 2018/19 are:

- MindMate Ambassadors programme will commence in the autumn 2017, where young people are supported to formally co-produce and promote/represent the website.
- Develop and agree an enhanced MindMate SPA model, to include self-referral and brief intervention approaches, in co-production with key stakeholders across the system.
- Ensure there is a coherent response and dedicated team for children and young people in mental health crisis, in development with the WY&H STP New Models of Care CAMHS work.
- Develop a workforce plan to underpin Future in Mind: Leeds strategy and LTP.

4 Health and Wellbeing Board governance

4.1 The governance chart (appendix 1 of the Leeds LTP) details the working groups and reporting structures. The key delivery and governance structure for this work is the Future in Mind: Leeds Programme Board made up of officers and leads from across the programme of work and chaired by the Executive Lead Councillor for Children and Families.

4.2 **Consultation, engagement and hearing citizen voice**

- 4.2.1 The voice of children, young people and the views of their parents' have strongly informed our key priorities. The task groups continue with this principle in the delivery of the priorities.
- 4.2.2 An example is where young people have led from the start the content, design and language of the MindMate website and now regularly co-present at local, regional and national conferences.
- 4.2.3 We continue to use Healthwatch and Common room to consult with young people and families on progress to date and what we need to improve further. Children and young people supported us to develop a quick guide to our strategy and the programme board recently heard how young people propose to hold us to account in the delivery of our plan.

4.3 **Equality and diversity / cohesion and integration**

- 4.3.1 As reflected in the national Future in Mind (2015) publication there has to be an additional effort in Local Transformation Plans to respond to the needs of certain vulnerable groups of children and young people. In Leeds there are examples of multi-agency services supporting young people in the youth justice system and care system.
- 4.3.2 A specific priority in our LTP is to continue to review and check that the needs of vulnerable young people are met. This is supported by the intelligence gathered by the commissioned Future in Mind: Leeds Health Needs Assessment (2016).

4.4 **Resources and value for money**

- 4.4.1 There are strong principles underpinning our plan that will maximise the best use of resource and best value for money; these are listed below:
 - Prevention (following the principles of the WAVE report)
 - New ways of working to develop emotional resilience and support self help
 - Early support/help to prevent escalation
 - Evidence based practice
 - Use of digital technologies
 - Transforming existing services and combining resources across the partnership to prevent duplication
 - Noting that getting it right in childhood supports reduced need and demand in adulthood

4.5 **Legal Implications, access to information and call In**

- 4.5.1 There are no legal implications from this report. There are no access to information and call-in implications arising from this report.

4.6 **Risk management**

- 4.6.1 The programme board reviews the risks to the delivery of the strategy and LTP every time it meets. The key risks reflect those known nationally, reducing resource but rising demand, rapidly changing policy across education, health and social care, and workforce challenges in recruiting the staff with the right skills. Mitigation is in place and constantly reviewed for all of these areas.

5 Conclusions

- 5.1 The first 24 months of delivery of the Leeds Local Transformation Plan is already demonstrating progress against key priorities (as reflected in the refreshed plan).
- 5.2 This refreshed plan creates even more opportunities to drive forward the transformation we need and to deliver our vision.

6 Recommendations

The Health and Wellbeing Board is asked to:

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- Recognise and share the achievements to date (detailed in the plan), progressed in the first years of the Future in Mind LTP funding allocations.
- Endorse how the child and young person's voice has been integral in developing the priority work-streams and going forward is embedded in the co-production of their delivery.
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7 Background documents

- 7.1 None.

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How does this help reduce health inequalities in Leeds?

There is a clear commitment to prioritise targeting support to vulnerable groups of children and young people at higher risk of social emotional and mental health needs. (Priority 6)

How does this help create a high quality health and care system?

There is an established partnership steering group focusing on developing evidence based approaches, shared outcomes and the participation of children and young people across all SEMH services in Leeds (the HOPE group). (Priority 11)

How does this help to have a financially sustainable health and care system?

There are strong principles underpinning our plan that will maximise the best use of resource and best value for money; these are listed below:

- Prevention (following the principles of the WAVE report)
- New ways of working to develop emotional resilience and support self help
- Early support/help to prevent escalation
- Evidence based practice
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Future challenges or opportunities

Priorities of the Leeds Health and Wellbeing Strategy 2016-21 (please tick all that apply to this report)	
A Child Friendly City and the best start in life	<input type="checkbox"/>
An Age Friendly City where people age well	<input type="checkbox"/>
Strong, engaged and well-connected communities	<input type="checkbox"/>
Housing and the environment enable all people of Leeds to be healthy	<input type="checkbox"/>
A strong economy with quality, local jobs	<input type="checkbox"/>
Get more people, more physically active, more often	<input type="checkbox"/>
Maximise the benefits of information and technology	<input type="checkbox"/>
A stronger focus on prevention	<input type="checkbox"/>
Support self-care, with more people managing their own conditions	<input type="checkbox"/>
Promote mental and physical health equally	<input type="checkbox"/>
A valued, well trained and supported workforce	<input type="checkbox"/>
The best care, in the right place, at the right time	<input type="checkbox"/>