

Title	Synopsis
143 Sahara Street	Documentary on the proprietor of a cafe in the Saharan desert. No majorly explicit content. Recommended 12A.
A Hidden Life	The conscience of a pious Austrian farmer is severely tested as war blankets Europe and Nazi ideology spreads. Recommended PG.
A Marriage Story	Czech documentary profile of a marriage between two ordinary people made over 35 years. Some adult themes but no explicit material, recommended certificate 12A.
Adam	Touching drama about female friendship between a widow and a pregnant woman in Casablanca. Some mild nudity with no sexual context. Recommended Cert (12)
Alexandria... Why?	In 1940s Egypt, a teenager escapes his country's tense political climate through his love of American film. Contains infrequent mild to moderate violence, brief mild drug use, occasional coarse language. Recommended cert 12A
Babyteeth	Story of the last days of a teenage girl dying from cancer and her relationships with her parents and boyfriend. Recommended 12.
Beanpole	Drama about female friendship and PTSD set in post-war Leningrad. Scenes of sexual violence. Recommended Cert (18)
Bellingcat: Truth in a Post-Truth World	Documentary about the collective of citizen investigative journalists analysing new stories from around the world. Some adult themes but no explicit content, recommended certificate 12A.
Calm with Horses	Irish crime film about a former boxer with an autistic son who gets involved with a local gang. Recommended 15.
Carmine Street Guitars	Documentary about a guitar shop in Greenwich village and the owner Rick Kelly who makes custom made instruments, handcrafted from reclaimed wood found in old New York buildings. Some strong language, recommended certificate 15.
Children of the Sea	Japanese animation about a young girl drawn into a mystery involving sea life around the world. Recommended 15.
Closing Time	Documentary on a restaurant open throughout the night which attracts a variety of customers. Some adult themes primarily in conversation. Recommended 15.
Come to Daddy	A young music producer visits his estranged father only to find himself set upon by a gang of thieves who think he has their money. Contains strong language and violence. Recommended cert 18
Darlin'	A feral woman leaves her daughter in the hands of the church so they will raise her but returns to take revenge when she discovers they have been abusing her. Contains strong violence and language. Recommended cert 18
Days of the Bagnold Summer	British comedy about a teenager who spends his summer listening to heavy metal music and trying to get along with his librarian mom. Recommended certificate 15.
Dead Dicks	A woman visits her depressed brother, concerned about his wellbeing. A film about mental health that's dressed up as a horror film. Contains some natural nudity, scenes of suicide and some moderate violence. Recommended cert 15
Dogs Don't Wear Pants	A guilt-stricken widower discovers that a demanding dominatrix might be able to give him the therapy he needs. Recommended certificate 18.
Doomed Beauty	Documentary about the most famous actress in Czechoslovakia in the 1940s who became the lover of Nazi Joseph Goebbels. Includes some adult themes, recommended certificate 15.
Door Lock	Thriller about a woman who is convinced someone is breaking into her flat when she's not there. Contains some strong violence and moderate threat. Recommended cert 15
Enamorada	An aristocrat falls for a rebel leader during the Mexican revolution of 1917. Contains mild sex references. Recommended cert PG
Extra Ordinary	Comedy about a driving instructor who can speak to the dead. When a neighbour's daughter is possessed she must perform an exorcism to save her. Some scenes of moderate comedy violence and bad language. Recommended 15 cert
Five Million Dollar Life	A Japanese drama about a young man who is trying to defy his terminal illness and the public spotlight he has attracted. Recommended 15.
Forman vs Forman	Biographical documentary film about Czech film director Milos Forman who went on to make films like One Flew Over the Cuckoo's Nest in Hollywood. Some adult themes but no explicit material, recommended certificate 12A.

Free Lunch Society: Come Come Basic Income	Documentary about Universal Basic Income, no contentious material though aimed at adults, recommended certificate 12.
Genesis	Coming of age drama about a group of Canadian teenagers and their first experience of relationships. Includes some strong language and non-explicit sex scenes. Recommended certificate 15.
Ghost Tropic	Gentle Belgian drama about a cleaning lady who falls asleep on the subway and has to make her way home on foot through Brussels in the early hours of the morning. Occasional strong language, recommended certificate 15.
Go Home	A zombie outbreak traps a right wing protester in an immigration centre forcing him to reconsider his beliefs. Contains some strong violence and language. Recommended cert 18
God Exists, Her Name is Petrunya	Macedonian feminist satire about a woman who defies a conservative community by intruding on a religious ritual meant only for men. Includes some strong language and non-explicit sex scenes, recommended certificate 15.
Harpoon	Three friends find themselves adrift on a yacht with no fuel, food or water. As tempers flare their resentment of each other turns to violence. Contains strong violence and language. recommended cert 18
Heavy Trip	A young man is trying to overcome his fears by leading the most unknown heavy metal band in Finland to the hottest metal festival of Norway. Recommended 15.
House of Hummingbird	Coming of age drama about a teenage girl finding her place in 1990's Seoul. Moderate violence. Recommended cert (15)
Jesus Shows You the Way to the Highway	A CIA operative is sent into a virtual world where his avatar has to try and defeat a Russian computer virus. Contains mild violence and moderate threat. Recommended cert 15
Just Mercy	True story of Harvard-educated lawyer Bryan Stevenson who goes to Alabama to defend the disenfranchised and wrongly condemned. Recommended 15.
Kes: Reimagined	Film version of the stage adaptation of Kes about a boy from a Barnsley council estate who owns a kestrel. Recommended certificate PG
Land of Ashes	Dreamlike rites of passage film about a teenager left to look after her grandfather alone. Includes some strong language and non-explicit sex scenes, recommended certificate 15.
LAPŪ	Experimental documentary on Colombian ritual of burial. Dark themes abound. Recommended 18.
Let There Be Light	A father returns home at Christmas to discover his eldest son Adam has joined a para-military youth group. Some moderate violence. Recommended certificate 15.
Mallory	Czech documentary about a struggling mother who has long struggled with homelessness and drug addiction but strives to build a new future for herself. Includes some adult themes, recommended certificate 15.
Matthias & Maxime	LGBTQ+ love story surrounding male friendship transformed by a kiss in a student film. Moderate sexual activity and references to drug abuse. Recommended cert (15)
Moffie	Coming-of-age war drama set in South Africa with infrequent strong violence. Recommended 18.
Mutant Blast	In a dystopian future a super soldier escapes from a government facility. A nuclear bomb is dispatched to kill him but the blast causes mutations in humans and animals. Contains strong violence and threat. Recommended cert 18
Oleg	Gritty social thriller about a Latvian man in Belgium who find himself in modern day slavery. Strong scenes of violence and threat. Recommended cert (18)
One Last Deal	Finnish comedy drama about a retiring art dealer whose last transaction is his greatest test. Recommended PG.
Patrick	Belgian dark comedy set in a nudist colony. Features non-sexual male and female nudity. Recommended 15.
Promare	Japanese animation about an epic battle between mutants. Recommended 15.
Punk the Capital: Building a Sound Movement	Music documentary about the punk scene in Washington DC in the early 80s. Includes some strong language, recommended certificate 15.
Recorder: The Marion Stokes Project	Documentary on television archivist Marion Stokes. Occasional images of violence. 15A.

René	Documentary made over many years about a Czech man who has long running problems with crime and imprisonment. Includes some strong language and adult themes, recommended certificate 15.
Ride Your Wave	Japanese animation about a surfer and firefighter meeting and falling in love. Recommended 15.
Rough Remote Rumble	Black and white documentary on rural stonecutting in Spain. No contentious issues. Recommended PG.
She is the Other Gaze	Documentary on Austrian feminist video artists. Occasional strong language. Recommended 15.
Sheep Hero	Documentary on renegade farmer in Holland. Occasional strong language. Recommended certificate 15.
Sons of Denmark	Danish thriller about the racial tensions amid a terrorist attack in Copenhagen. Recommended 18.
Synonyms	Dramedy about an Israeli man who moves to Paris and tries to adopt the language and culture. Strong scenes of a sexual nature. Recommended cert 18
Tammy & the T-Rex	A teenager has his brain put in an animatronic T-rex and goes after the bullies that harassed him and his girlfriend. Contains strong comedy violence. Recommended cert 18
The Atom: A Love Affair	Documentary about the history of nuclear power. No contentious material, recommended certificate PG.
The Cave	Dramatisation of the Thai cave rescue using many of the real life divers. Moderate physical threat. Recommended cert (12A)
The Fading Village	Documentary on a Chinese village in decline. No majorly adult themes. Recommended certificate 12.
The Fall of the Romanov Dynasty	Silent documentary film covering the events in Russia from 1913 to 1917. Recommended cert U
The Gangster, The Cop, The Devil	Thriller from South Korea about a crime boss who teams up with a cop to track down a serial killer. Frequent strong violence. Recommended certificate 18.
The Gasoline Thieves	Thriller following a teenage boy who is lured into illegal gasoline extraction. Strong scenes of violence. Recommended cert (18)
The Grand Bizarre	Experimental documentary. Devoid of any explicit or contentious content. Recommended certificate U.
The Hidden City	Experimental, dialogue-free documentary exploring the subterranean world beneath the modern city. No contentious material, recommended certificate PG.
The Incredible Shrinking WKND	During a weekend away a woman suffers an unexpected break-up with her boyfriend. Forced to relive the same events over and over, she must try and figure out why time is repeating. Contains mild bad language, sexual innuendo and mild drug references. Recommended cert 12A
The Juniper Tree	A widowed farmer's son resists his new stepmother's attempts to win him over. Contains disturbing scenes of psychological threat and horror. Recommended cert 15
The Seer and the Unseen	Documentary on Icelandic seer who provides advice to the government on elves. Recommended cert 12.
The Watermelon Woman	An aspiring black lesbian filmmaker researches an obscure 1940s black actress billed as the Watermelon Woman. Contains moderate sex and nudity. Recommended cert 15
The Whistlers	Playful noir thriller about a corrupt detective who learns a whistling language to communicate with criminals. Scenes of a sexual nature and violence. Recommended cert (18)
The Wild Goose Lake	A contemporary Chinese noir crime thriller featuring infrequent strong violence. Recommended 18.
The Wolf's Call	In the near future, a French submarine finds itself in a crisis situation. Recommended 15.
Vivarium	In this American sci-fi a young couple looking for the perfect home find themselves trapped in a mysterious labyrinth-like neighbourhood of identical houses. Recommended 15.
W.I.T.C.H. - We Intend to Cause Havoc	Documentary about a famous African rock band from the 70s. No contentious material but it is showing in a club venue for adults only.
Waves	Two young couples navigate through the emotional minefield of growing up and falling in love. Recommended 15.
We Are Little Zombies	Japanese drama about 4 orphaned siblings who decide to move on from the loss of their parents and start a band. Recommended 15.

Wend Kuuni	Members of an African village adopt a mute 5-year-old boy found in the wilderness. Contains a brief scene of threat and horror. Recommended cert 12A
White Snake	A girl with magical gifts embodies the Chinese legend of the White Snake, in a land of magic, demons and plenty of snakes. Recommended PG.
Why Don't You Just Die?	A young man turns up at his girlfriend's apartment to kill her father only to discover he is a police detective who intends to fight back. A frenetic comedy action thriller containing very strong violence and language. Recommended cert 18
Windrush: Movement of the People	Film of a dance performance about Windrush by Leeds-based Phoenix Dance. Recommended U.
Zizotek	Greek drama about an abandoned 9 year old boy who builds a friendship with a mute loner who lives in a shack in the woods. Includes a non-explicit sex scene, recommended certificate 15.