



**Report of** Lucy Jackson, Chief Officer/Consultant in Public Health, Adults and Health

**Report to** Director of Adults and Health

**Date:** 8<sup>th</sup> November 2019

**Subject:** Request to award a grant to continue the present Supporting Wellbeing in Frailty (SWIFt) service (in conjunction with its expansion) to enable further testing, development and evaluation of the model

Are specific electoral wards affected?	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
If yes, name(s) of ward(s): Bramley & Stanningley, Temple Newsam, Adel & Wharfedale, Alwoodley, Middleton Park, Hunslet and Riverside	
Has consultation been carried out?	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Are there implications for equality and diversity and cohesion and integration?	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Will the decision be open for call-in?	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Does the report contain confidential or exempt information?	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
If relevant, access to information procedure rule number:	
Appendix number:	

## Summary

### 1. Main issues

- The Supporting Wellbeing in Frailty (SWIFt) projects have been running for 2 years as part of the Time to Shine programme, managed by Leeds Older People's Forum (LOPF) and funded by Big Lottery, Leeds CCG and improved Better Care Fund (iBCF).
- Funding for the SWIFt project from Time to Shine has now ceased and from April 2019 Leeds City Council (LCC), using iBCF funding, assumed responsibility for commissioning the SWIFt service. Initial funding secured through iBCF has enabled the existing delivery partners to continue for 6 months, until September 2019.
- A report was presented for delegated decision on the 15th May 2019 where the following recommendations were approved:
  - a. To continue to deliver the service with the existing delivery partners Crossgates and District Good Neighbours Scheme CIO, Older People's Action in the Locality (OPAL), Bramley Elderly Action and Health for All (Leeds) Ltd., to enable the ongoing development, testing and evaluating of the service.

- b. Expand the service into six new Local Care Partnership (LCP) areas with the greatest need in terms of levels of moderate and severe frailty and deprivation by undertaking a competitive grant process.
  - c. Provide advice and guidance across the LCP areas in relation to best practice approaches for supporting older people from BME communities that are living with frailty.
  - d. Deliver a citywide service to provide support to older people living with frailty that have more complex (physical and mental) health needs. In addition, the citywide service will provide support and opportunities to share best practice amongst local SWIFt workers in each area, including best practice around the needs of people living with frailty within some of the specific target audiences. A competitive grants process will also be utilised for the award of this funding.
- The distribution of funding was also approved at Delegated Decision Panel on the 15<sup>th</sup> May 2019.
  - Following the approval of the recommendations a competitive grant process was commenced. This resulted in the award of grants being made to 6 new LCP areas and for the Citywide service. A Significant Operational Decision report was prepared on the 11<sup>th</sup> September 2019 outlining the outcome from the competitive grant process. The competitive grant process has been concluded and the grants have been awarded.
  - In addition to competitive grants process, the original decision taken in May 2019 set out the award of a further grant to the existing delivery partners to enable them to continue providing the service in their local areas. This report sets out the detail of that grant award including the dates and value of the grants.

## **2. Best Council Plan Implications**

- Ensuring the continuation and expansion of the SWIFt service by the organisations identified reflects the ambition of the Best Council Plan to keep building a strong economy and working compassionately to tackle poverty and disadvantage.
- The SWIFt service specifically contributes to the Age Friendly priorities within the Best Council Plan. The SWIFt service effectively reaches vulnerable older people living with frailty in need of support to build confidence, wellbeing and resilience. The targeted, person centred support has enabled positive change and results in older people receiving the care and support they need therefore enabling them to participate in community life.

## **3. Resource Implications**

- The total value of the grant proposals contained within this report is £240,000 (£120,000 per annum for the next two years). £30,000 per annum has been allocated for each locality based service.
- The funding for these grants has been secured from iBCF and runs from April 2019 until March 2021. The final six months of the grant will be funded by Leeds Clinical Commissioning Group (CCG). Should further funding be secured following this 2 year period there is an option to extend the grant period for up to 1 year.
- This service is a key part of the developing a proactive frailty model in Leeds. This is set within the overall approach that the city has signed up to with Population Health Management. Therefore the future sustainability of the SWIFt service will be

agreed by Leeds Providers' Integrated Care Collaborative (LPICC) as the future model is implemented. Presently the majority of the funding for this cohort is in the statutory sector and this service will enable the third sector to become a significant voice in these future provider agreements.

## **Recommendations**

The Director of Adults and Health is recommended to note the future plans for the delivery of the SWIFt service and approve the following:

- a) Approve the award of grant funding to Crossgates and District Good Neighbours Scheme CIO, Older People's Action in the Locality (OPAL), Bramley Elderly Action and Health for All (Leeds) Ltd., to enable the ongoing development, testing and evaluating of the service as per the decision taken in May 2019.
- b) Note that the grants will commence on the 1<sup>st</sup> October 2019 until the 30<sup>th</sup> September 2021 with an option to extend for a further 12 months (subject to additional funding).
- c) Note that the value of the grants will be £30,000 per annum for each locality based delivery partner.

### **1. Purpose of this report**

- 1.1 To seek approval from the Director of Adults and Health to award grant funding to the existing SWIFt delivery partners to continue the service in the existing local areas.
- 1.2 To set out the detail of that grant funding including the dates of the grant period and value of the grants.

### **2. Background information**

- 2.1 The SWIFt projects have been running for 2 years as part of Time to Shine, managed by LOPF and funded by Big Lottery, Leeds CCG and iBCF.
- 2.2 SWIFt was established in 2016 to focus on providing one to one support for older people that are socially isolated and/or lonely and living with frailty to improve their wellbeing and independence. A person-centred approach is used to encourage and support the older person to increase their levels of confidence, emotional wellbeing and resilience. This in turn aims to reduce their vulnerability to frailty.
- 2.3 The decision to expand the SWIFt service via a grant process was published on the list of forthcoming decisions in April 2019. On the 15<sup>th</sup> May 2019 the following recommendations were approved by delegated decision:
  - 2.3.1 To continue to deliver the service with the existing delivery partners, Crossgates and District Good Neighbours Scheme CIO, Older People's Action in the Locality (OPAL), Bramley Elderly Action and Health for All (Leeds) Ltd., to enable the ongoing development, testing and evaluating of the service.
  - 2.3.2 Expand the service into six new LCP areas with the greatest need in terms of levels of moderate and severe frailty and deprivation by undertaking a competitive grant process (Seacroft, Chapeltown, Burmantofts and Richmond Hill, Armley, Garforth/Kippax/Rothwell and Beeston).

- 2.3.3 Provide advice and guidance across the LCP areas in relation to best practice approaches for supporting older people from BME communities that are living with frailty.
  - 2.3.4 Deliver a citywide service to provide support to older people living with frailty that have more complex (physical and mental) health needs. In addition, the citywide service will provide support and opportunities to share best practice amongst local SWIFt workers in each area, including best practice around the needs of people living with frailty within some of the specific target audiences. A competitive grants process will also be utilised for the award of this funding.
- 2.4 An open and transparent competitive grant process to seek delivery partners for the 6 new Local Care Partnership areas and a Citywide service commenced on the 12th June 2019 with a closing date for submissions of 12 noon, 3rd July 2019. The opportunity was promoted to the third sector market via Leeds Older People's Forum to maximise the intended market. Third sector organisations who had expressed an interest were invited to submit their proposals for the grant opportunity through the YORtender portal.
- 2.5 At the conclusion of the evaluation process a significant operational decision dated 11 September 2019 and subsequent Administrative Decision dated 01 October 2019 approved the award of grant agreements for all 6 of the LCP areas and for the Citywide service to the highest scoring organisations. This concluded the competitive grant process and all grants have been awarded and commenced 01 October 2019.

### **3. Main issues**

- 3.1 The current SWIFt service has been delivered in the locality based areas by four different delivery partners across Leeds: Crossgates and District Good Neighbours Scheme CIO, Older People's Action in the Locality (OPAL), Bramley Elderly Action and Health for All (Leeds) Ltd.
- 3.2 These were initially established by the Time to Shine programme and funded through Big Lottery Funding, Leeds CCG and iBCF. From April 2019 LCC, using iBCF funding, assumed responsibility for the service.
- 3.3 The initial iBCF funding enabled the service to continue for a further 6 months, until September 2019. This was approved on the 27<sup>th</sup> February 2019.
- 3.4 The new grant agreements will commence on the 1<sup>st</sup> October 2019 and will run for two years until the 30<sup>th</sup> September 2021 with an option to extend for a further 12 months (subject to additional funding).
- 3.5 The total amount of grant funding allocated is £240,000 over two years (£120,000 per annum). The value of the individual grants will be £30,000 per annum for each locality based delivery partner.
- 3.6 The funding for these grants have been secured from the improved Better Care Fund (iBCF) and runs from April 2019 until March 2021. The final six months of the grant will be funded by Leeds Clinical Commissioning Group (CCG). Should further funding be secured following this 2 year period there is an option to extend the grant period for up to 1 year.
- 3.7 The Public Health Older People's Team will continue to work with the existing delivery partners to implement new monitoring requirements and data sharing agreement which have been developed as part of the review and expansion of the service.

## **4. Corporate considerations**

### **4.1 Consultation and engagement**

- 4.1.1 The need for this service was identified through an extensive engagement process with older people, carers, community workers, statutory sector partners and decision makers across Leeds.
- 4.1.2 During the development of the Time to Shine Programme, LOPF conducted a case study exercise with providers of older people's services. Providers were asked to report on successful strategies for identifying and supporting the most socially isolated older people. 16 case study responses were received. A strong theme across the case studies was the need for longer term support to enable older people to access services and activities. As a result of frailty, disability and long term social isolation self-confidence had been lost. Help to regain this lost confidence was key to helping older people meet their needs.
- 4.1.3 As part of the development of the new model a workshop was held in January 2019 with providers and other key stakeholders including representatives from a range of Third Sector organisations, Leeds CCG, LCC Adults and Health Commissioning Team. Following this a business case was written and submitted to secure the future funding from iBCF to expand the service further.
- 4.1.4 In April 2019 the SWIFt service was discussed at the Forum Central Health Leaders Network during a workshop looking at frailty. The learnings from the first stage of the SWIFt project and the proposed plans for the expansion were discussed. Feedback from this session was used in the final project brief.

### **4.2 Equality and diversity / cohesion and integration**

- 4.2.1 An Equality, Diversity, Cohesion and Integration Impact Assessment has been completed for this project (appendix 3). This tool indicates that a full assessment is not required as the recommendations of the report will not impact negatively on service users, staff or stakeholders.

### **4.3 Council policies and the Best Council Plan**

- 4.3.1 The provision of grants in this way supports the vision of the Leeds Health and Wellbeing Strategy 2016-2021. It contributes to outcome 2: People will live full, active and independent lives, and outcome 5: People will live in healthy, safe and sustainable communities.
- 4.3.2 This work contributes to the aim of 'Making Leeds the Best City to grow old in' which is overseen by the Age Friendly Board, chaired by Councillor Charlwood
- 4.3.3 Ensuring the continuation of these services by the organisations identified reflects the ambition of the Best Council Plan to keep building a strong economy and working compassionately to tackle poverty and disadvantage. The SWIFt service specifically contributes to the Age Friendly priorities within the Best Council Plan.
- 4.3.4 The services delivered through the SWIFt service supports the delivery of the Leeds Health and Care Plan through the Self-Management and Proactive Care Board and

the population health management approach that has been taken for the Frailty Segment. It is embedded within the proactive model designed by the Clinical Frailty Strategy Group, which is being implemented at LCP level.

### Climate Emergency

- 4.3.5 In March 2019 Leeds City Council unanimously declared a climate emergency. In response to this emergency the Council is working towards carbon neutrality by 2030. The plan to achieve this goal includes: reducing pollution and noise; improving air quality, and; promoting a less wasteful, low carbon economy. The SWIFt project is largely built around locally-based partners engaging with and supporting older people living within a close proximity of the SWIFt partner. This reduces the need for staff or volunteers to travel over large distances when going out to support older people living with frailty. By focusing the project in small areas enables public transport and active travel options to be an easier option again reducing car use.
- 4.3.6 The SWIFt project will support older people living with frailty who are vulnerable to extreme weather. As part of this they will encourage the uptake of high impact interventions and signpost to organisations such as Home Plus who can support with:
- Installation of some heating improvements e.g. radiators, heaters, controls
  - Repairs of heating and hot water systems and appliances
  - Servicing of heating and hot water systems and appliances
  - Installation of carbon monoxide detectors
  - Provision of temporary heating where appropriate
  - Installation of small energy efficiency measures, e.g. radiator panels, draft proofing, pipe lagging, fitting energy saving devices.
- 4.3.7 As part of the grants award process officers will be raising awareness of the Council's climate emergency declaration and encouraging the successful bidders to adopt greener working practices as and where possible.

## **4.4 Resources, procurement and value for money**

- 4.4.1 The total value of the grant proposals contained within this report is £240,000 (£120,000 per annum for the next two years). £30,000 per annum has been allocated for each locality based service.
- 4.4.2 The funding for these grants have been secured from the improved Better Care Fund (iBCF) and runs from April 2019 until March 2021. The final six months of the grant will be funded by Leeds Clinical Commissioning Group (CCG). Should further funding be secured following this 2 year period there is an option to extend the grant period for up to 1 year.
- 4.4.3 To date the SWIFt service has evidenced through quarterly monitoring a positive impact on participants. This positive impact includes improved wellbeing and reduced levels of isolation. Plans to further test, develop and evaluate the model will enable us to determine whether by working with frail older people to improve

health and maintain independence will result in a reduction in their health and social care usage.

4.4.4 The SWIFt service effectively reaches vulnerable older people living with frailty in need of support to build confidence, wellbeing and resilience. The targeted, person centred support has enabled positive change and resulted in older people receiving the care and support they need enabling them to participate in community life.

4.4.5 This service is a key part of the developing a proactive frailty model in Leeds. This is set within the overall approach that the city has signed up to with Population Health Management. Therefore the future sustainability of the SWIFt service will be agreed by LPICC as the future model is implemented. Presently the majority of the funding for this cohort is in the statutory sector and this service will enable the third sector to become a significant voice in these future provider agreements.

#### **4.5 Legal implications, access to information, and call-in**

4.5.1 The decisions highlighted in this report will be taken by the Director of Adults and Health in line with the officer delegation scheme as detailed in Part 3 of the Council's Constitution.

4.5.2 The grant process and budget allocation was approved via a delegated decision on the 15<sup>th</sup> May 2019 and was subject to call in at the time. Prior to this the decision was published on the list of forthcoming decisions. In light of these details this report is submitted as a significant operational decision and is therefore not subject to call in.

4.5.3 Although there is no overriding legal obstacle preventing the award of these grants the contents of this report should be noted. In making their final decision, the Director of Adults and Health should be satisfied that the course of action chosen represents best value for the Council.

#### **4.6 Risk management**

4.6.1 Officers from the Public Health Older People's Team will oversee the implementation of the grant in conjunction with officers from Procurement and Commercial Services.

4.6.2 An updated project brief has been finalised and work has been undertaken to agree the monitoring requirements for the SWIFt delivery partners. A new data sharing agreement has also been developed. The grant will be monitored by officers in the Adults and Health directorate.

### **5. Conclusions**

5.1 The current SWIFt service has shown that it is effective in terms of improving outcomes for older people living with frailty. Approval of the grant funding for existing delivery partners will ensure the continuation of the SWIFt model in the the corresponding locality areas enabling a longer term evaluation to explore participant's usage of health and social care services.

5.2 Officers from the Public Health Older People's Team will oversee the implementation of the grant in conjunction with officers from Procurement and Commercial Services.

## **6. Recommendations**

6.1 The Director of Adults and Health is recommended to note the future plans for the delivery of the SWIFt service and approve the following:

6.1.1 Approve the award of grant funding to Crossgates and District Good Neighbours Scheme CIO, Older People's Action in the Locality (OPAL), Bramley Elderly Action and Health for All (Leeds) Ltd., to enable the ongoing development, testing and evaluating of the service as per the decision taken in May 2019.

6.1.2 Note that the grants will commence on the 1st October 2019 until the 30th September 2021 with an option to extend for a further 12 months (subject to additional funding).

6.1.3 Note that the value of the grants will be £30,000 per annum for each locality based delivery partner.

## **7. Background documents<sup>1</sup>**

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<sup>1</sup> The background documents listed in this section are available to download from the council's website, unless they contain confidential or exempt information. The list of background documents does not include published works.