



Leeds Safeguarding Adults Board

Annual Report

2019/20



Easy read
information
for adults in Leeds



What is the Leeds Safeguarding Adults Board?

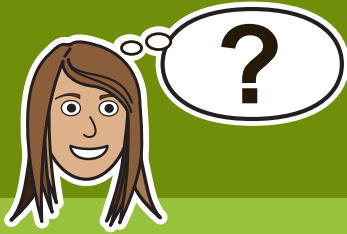
Leeds Safeguarding Adults Board works to keep people safe from **abuse** and **neglect**.

This work is called **Safeguarding Adults**.



There are people on the Board from lots of different organisations like **Adult Social Care**, **NHS** and the **Police**.

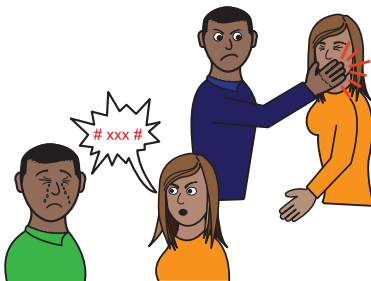




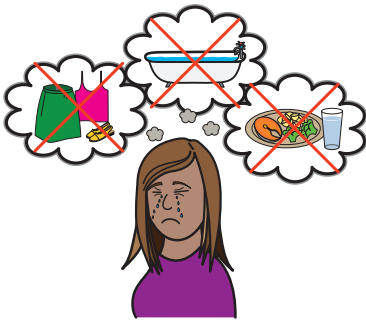
What is this report about?



This report is about our work supporting people in Leeds to be safe from **abuse** and **neglect**.



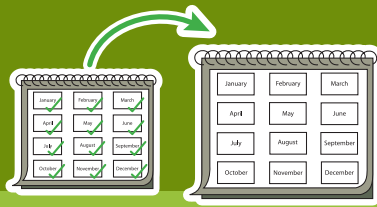
Abuse is when someone does or says things that hurt you, upset you or make you frightened. They might make you do things you don't want to do.



Neglect is when someone is meant to look after you, but does not give you the care and support you need.



Self-neglect is when you are not able to look after your health or care needs and you find it difficult to accept support.

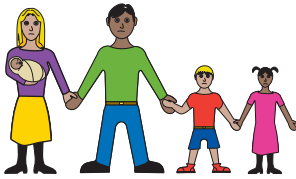


How we helped people =? last year:



9777 people contacted Adult Social Care for help. This is **1062** more than the year before.

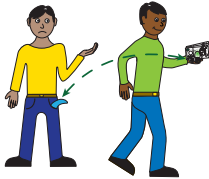
The most common concerns were:



- **Staff or families** not providing the **help** and **support** that someone needed.



- People **being hurt**, for example, **being hit** or **kicked**.



- People having **money taken** from them.

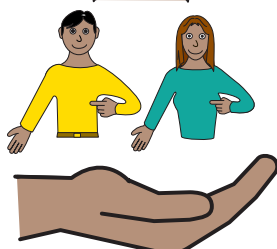


- People being made to **feel sad, upset, scared** or **not important**.

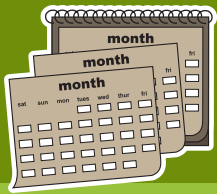
When people contacted Adult Social Care they used safeguarding procedures to help people:



- They made at least some of the changes people wanted in nearly every case.



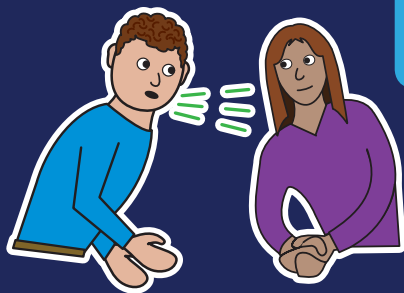
- Helped **9** out of every **10 people** to be safer.



How we have been improving safeguarding in Leeds

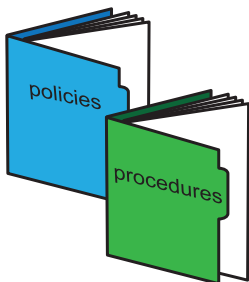


We have **4 ambitions** that guide all of our work.

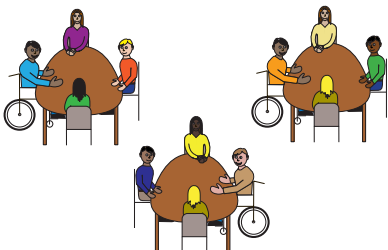


Ambition 1:

Talk to me hear my voice



We launched new policies and procedures. They say how organisations should work together, and involve the people they are supporting to be safe.



9 citizen groups helped us develop the new approach.



They told us what good support should be like. They said that good ways of working were called,

‘Talk to me, hear my voice’.

We used their words in a guide about supporting people to be safe.



We used films made by Leeds People First (Leep1) to tell people how safeguarding adults work should be done in Leeds. Touchstone and Leeds Sikh Elders Service are also making a film for us to use.



People from LEEP1 are our Citizen Ambassadors. They have been visiting services and delivering their presentation about Talk to me, Hear my voice.

They have spoken to doctors and other health workers, Social Workers, people who run care homes and people from charities.

The Citizen Ambassadors won an award for their work.



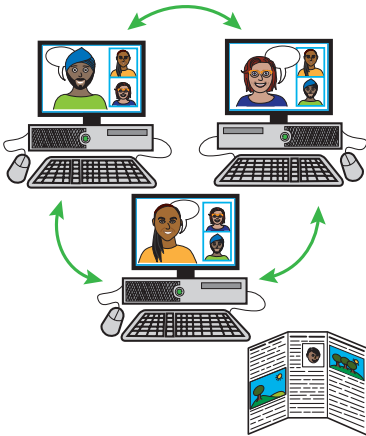
Advonet are running the **Talk to me, Hear my safeguarding story** project for us.



It is about asking people how well they were supported in safeguarding.

A Citizen Panel is helping Advonet with the project. They helped make leaflets and suggested the questions to be used.

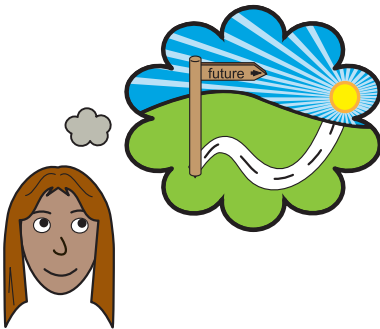
They will be telling us what they find out and what actions we might need to take.



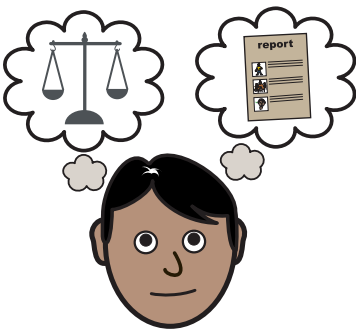
We launched an Online Network.

We have 220 members. We asked the network what they thought about our plans and our new posters and leaflets.

We helped raise awareness about your legal rights by holding **information events**.



Advanced Decisions this means getting ready for the future when you might not be able to make decisions about your healthcare or what treatments you do not want.

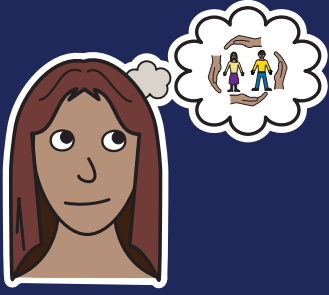


Lasting Powers of Attorney this is a legal document that helps you tell people about your decisions about your property, money, healthcare and welfare.

We held a **“Let’s Talk, Planning Ahead”** Conference to help workers know more about good practice to help people plan for the future.

LASTING POWER OF ATTORNEY

My son has always been my **joy**
Now he can be my **voice**



Ambition 2:

Improve awareness of safeguarding across all our communities



This is what we want to achieve for people – “I receive clear and simple information about what abuse is, and how I can get help.”



Lots of people from Leeds helped us to make better **posters** and **leaflets** about Safeguarding.

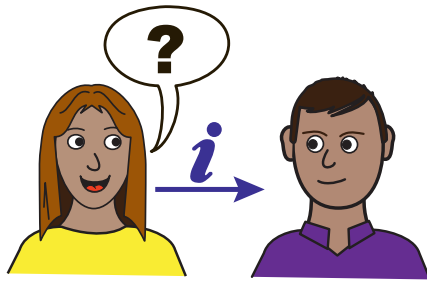
We gave **talks** to community groups and organisations.

We visited:

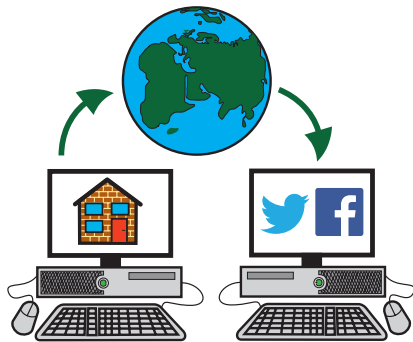
- ✓ • people with learning disabilities
- ✓ • people from Black, Asian and other ethnic communities
- ✓ • older people
- ✓ • people from LGBT communities
- ✓ • people with mental health conditions
- ✓ • people who are sight and hearing impaired
- ✓ • people living in the council's sheltered housing schemes



We gave out information at libraries and community hubs in Leeds.



We had information stands at a Leep the Bridge nightclub event and the Being Safe event at Kirkgate Market.



We used social media to tell people about abuse and neglect and how they can get help.

You can follow us **@LeedsSAB** on **Twitter** and **Facebook**.



We had a Safeguarding Week and asked organisations to tell people about safeguarding.

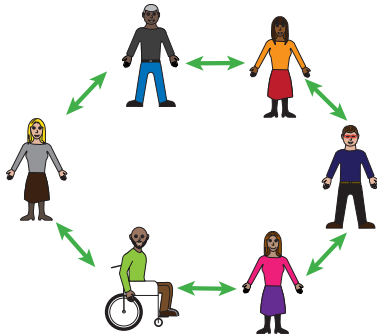
We sent them posters, pens, books and leaflets.

This is Rob from Angels of Freedom showing a book and bag we sent him for Safeguarding Week.

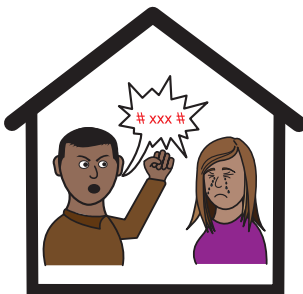


Ambition 3:

Improve responses to domestic violence and abuse



This is what we want to achieve for people - “I am confident that professionals will work together and with me to get the best results for me”



Domestic abuse is abuse by someone in your family, a partner or someone you used to be in a relationship with.



Remember, abuse is always wrong, and there is help for you.



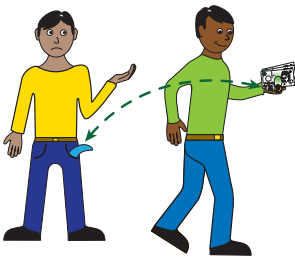
We worked with Safer Leeds to reduce the risk of domestic abuse in the city.

16 DAYS OF ACTION
Supported by PHE

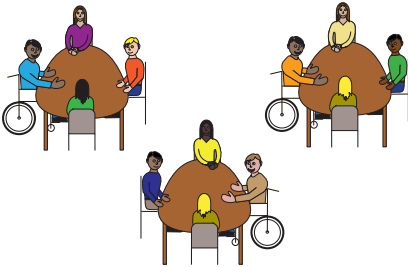
We took part in a campaign called 16 Days of Action to make people aware of domestic abuse and the help that is available.



Coercive behaviour is when someone makes you do what you're told by threatening to hurt you, shouting at you or bullying you.



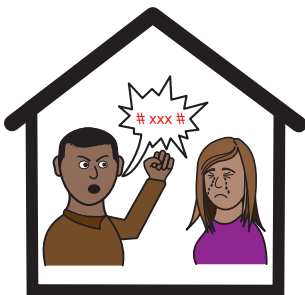
Controlling behaviour can be someone stopping you from seeing your friends and family, stopping you making your own choices, stopping you from going out or talking to people, or taking away your money.



We held a conference about **coercive and controlling behaviour**. Over 150 people attended. They heard people speak about their experience of domestic abuse.



We ran training courses about laws that can be used to help people who are suffering domestic abuse.



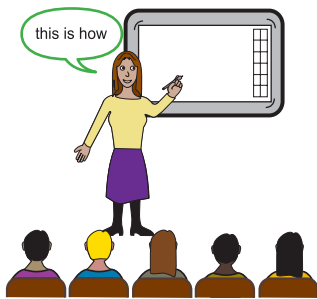
We produced information about supporting older people who are suffering domestic abuse. We asked organisations to think about how they support older people to tell someone if they are being abused.



Learning and Development



We launched new standards to make sure that Leeds has workers who are well trained about safeguarding.



We asked organisations to make sure they train people about safeguarding adults who are experiencing domestic abuse, forced marriage, 'honour-based' violence, hate crime and modern slavery.



Ambition 4:

Learn from experience to improve how we work



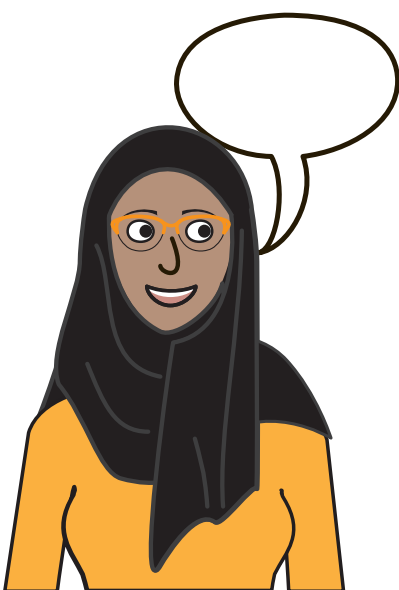
This is what we want to achieve for people - “I am confident that my feedback and experience will help others”

Safeguarding Adult Reviews



We hold reviews when someone has died or been seriously harmed. It helps us find out if we could work better in the future to protect people. We held two reviews where people had died because of self-neglect. They found it difficult to look after their own care needs.

The reviews told us that:



- Better guidance about self-neglect is needed.
- Better ways are needed to help people living in highrisk situations.
- It can be difficult for workers to know when to offer more help, if someone first says they don't want help.
- Professionals need to know more about the laws that can be used to help people to be safe.



We have action plans to make sure the things we learned are used to improve safeguarding work.



We are looking at the experiences of adults who have died whilst living street-based lives in Leeds.

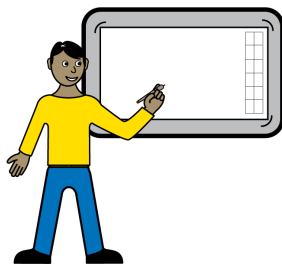


We have a review about a young man who died at home without the support he needed.

Self-neglect



Self-neglect is when you are not able to look after your health or care needs and you find it difficult accepting support.



We had two conferences about self-neglect. They helped us to learn about the best ways to help people.



We had expert speakers and workshops to help professionals learn how to work better with people who self-neglect.



Quality assurance

We have been developing the ways of checking the quality of services, so that we:

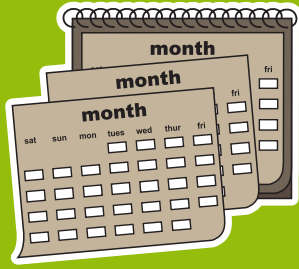


- Know our strengths and areas for development.



- Build on our strengths and areas for development.

- Make sure people are heard and their views and experiences improve our work.

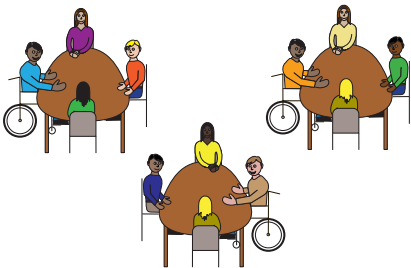


Our plans for next year

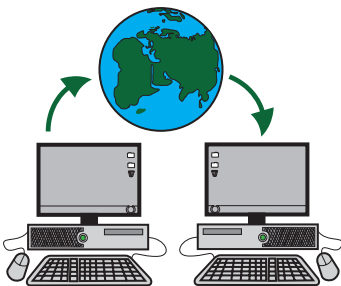
We will do more work on each of our four ambitions



- Have more films about 'Talk to me, Hear my voice'.



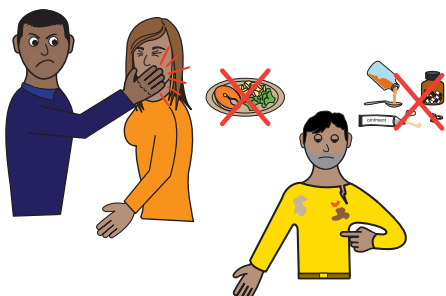
- Hold more Citizen Ambassador sessions.



- Improve our website.



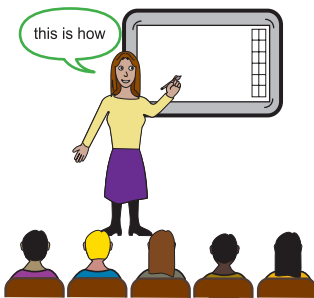
- Use our new posters and leaflets to raise awareness about safeguarding.



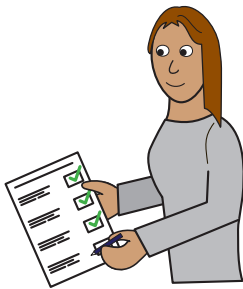
- Develop our ways of working to reduce the risk of domestic abuse and self-neglect.



- Learn more from people's feedback about how we support people to be safe.



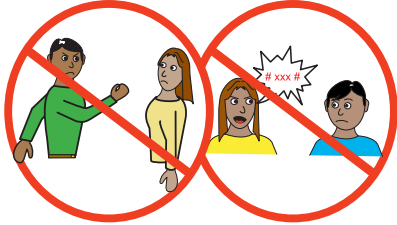
- Finding out the best ways to support people living street based lives.



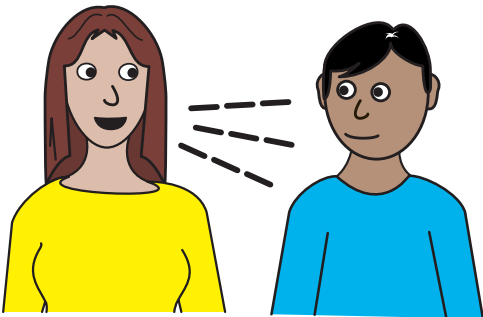
- Get better at the way we check that all support is of a good standard.



How to get help?



Please remember that abuse and neglect is always wrong. There are people that can help you.

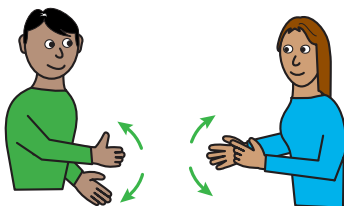


If abuse or neglect is happening to you or someone else tell someone you trust as soon as you can. This might be a member of your family, a care worker, a doctor, a nurse, a social worker, a leader at group you go to or someone else.



You can tell
Leeds City Council Adult Social Care.
Their telephone number is
0113 222 4401

You can speak to someone at the Council's One Stop Centres and Hubs.



If you use British Sign Language you can use Signlive at www.leeds.gov.uk/accessibility



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