

Report of Head of Public Health
Report to Director of Public Health
Date: 26th May 2021

Subject: Extension of contract for a 24 month period with DANCE ACTION ZONE LEEDS, LS-TEN and Health for All (Leeds Ltd) for the Family Healthy Living Services in accordance with Contracts Procedure Rule 21.2 (contract extensions)

Are specific electoral wards affected? If yes, name(s) of ward(s):	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Has consultation been carried out?	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Are there implications for equality and diversity and cohesion and integration?	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Will the decision be open for call-in?	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Does the report contain confidential or exempt information? If relevant, access to information procedure rule number: Appendix number:	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No

Summary

1. Main issues

- Leeds City Council commissions the family healthy living services that provide services promoting healthy weight for children and families by providing physical activity and healthy eating sessions.
- The family healthy living service is currently delivered through three 3rd sector family healthy living providers – DN 464256- DANCE ACTION ZONE LEEDS (DAZL), DN464259- LS-TEN and DN 464242- Health for All (Leeds Ltd).
- The current contracts were put into place on 1st April 2020 via a waiver to Contracts Procedure Rules (CPRs) 9.1 and 9.2 (high value procurements). This was following the unsuccessful procurement to commission a single contract delivering the family healthy living programme. The contracts are for two years plus up to 24 months in any combination. The initial contract period is due to expire on 31st March 2022 and it is necessary to take a decision regarding extending the contracts to ensure continuity in the delivery of an integrated family healthy living service and to ensure that the provision of work in Leeds most deprived communities is continued.

2. Best Council Plan implications (see the [latest version of the Best Council Plan](#))

- This provision addresses the health and wellbeing priorities of “*Reducing health inequalities and improving the health of the poorest the fastest*” and “*Supporting healthy, physically active lifestyles*”.

3. Resource implications

- The cost of the contract extension is met by revenue Public Health funding and there is provision within the Public Health budget for this contract extension.
- In light of the council’s current financial situation, it is acknowledged that efficiencies may be required in future on this contract and these would be the subject of a contract variation.

4. Recommendations

- The Director of Public Health is recommended to approve the twenty-four month contract extension period that is available for the existing family healthy living service contracts with effect from 1st April 2022 for a maximum value of:

DN 464256Lot 1: DANCE ACTION ZONE LEEDS - £157,040 (£78,520.00 per annum)

DN464259- Lot 2: LS-TEN - £37,920 (£18,960.00 per annum)

DN 464242- Lot 3: Health for All (Leeds Ltd) - £166,080 (£83,040.00 per annum)

1. Purpose of this report

- 1.1 The purpose of this report is to seek approval to extend the family healthy living service contracts with DANCE ACTION ZONE LEEDS, LS-TEN and Health for All (Leeds Ltd) for a period of twenty-four months as set in the original contract.

2. Background information

- 2.1 The current contract arrangements with DANCE ACTION ZONE LEEDS, LS-TEN and Health for All (Leeds Ltd) to deliver the family healthy living programme were put into place on 1st April 2020 via a waiver to Contracts Procedure Rules (CPRs) 9.1 and 9.2 (high value procurements). This was following the unsuccessful procurement to commission a single contract delivering the family healthy living programme. The contracts are for two years plus up to 24 months in any combination. The initial contract period is due to expire on 31st March 2022.

- 2.2 The aim of the service is to develop a targeted programme of healthy living activities for overweight children and their families living in the most deprived areas of Leeds and in the highest National Child Measurement Programme (NCMP) school clusters to increase the number of healthy weight children and reduce health inequalities in Leeds. The programme focuses on community development approaches to engage and work with these children and families by providing a programme of appropriate and suitable physical and healthy eating activities.

3 Main issues

- 3.1 Since 1st October 2017, Public Health Specialists working with Commissioning and Contract Managers have worked closely with the three providers to ensure the services cover all aspects of the healthy living agenda, reflect the latest evidence base, are co-located where possible, and service users are able to access both specialist weight management services

and suitable physical activity/healthy living sessions, particularly in more disadvantaged areas of the city.

- 3.2 At the start of the current contract arrangements, the scope of these contracts were extended to include the three family healthy living providers as part of the group of facilitators of the 5-12 HENRY model and will deliver at least two each of the parent group programmes each year. HENRY is the leading national charity in providing a healthy start for children aged 0 to 12. HENRY has developed a highly-effective, proven approach to supporting family lifestyle behaviour change through a robust training process. Unfortunately due to COVID-19 pandemic this has been on hold but the providers are keen to get started when the training is moved online and restrictions allow. There was no additional funding for this.
- 3.3 The current contract arrangements came into place on 1st April 2020 when the country had already gone into lockdown due to the COVID-19 pandemic. Business continuity plans were quickly established by each of the providers and more frequent contract management meetings were put into place.
- 3.4 The providers are performing very well and continue to work towards their Key Performance Indicators. They are currently meeting or exceeding the majority of these despite having to work differently due to the pandemic. The third sector providers demonstrate wider benefits, for example, added social value to Leeds as they engage local communities into their activities, and have trained and developed local participants who subsequently go on to run the programmes or take on paid roles within the organisation.
- 3.5 Despite this being a very challenging time, all three services have worked very hard and adapted delivery to ensure they are able to continue working with communities through offering on-line alternatives and when possible, socially distanced physical activity sessions outside on school premises or in local communities. They have also taken on other roles during this critical time such as delivering food to families, providing social support to children and older people, sharing key messages and offering activities and food during the school holidays.
- 3.6 DANCE ACTION ZONE LEEDS moved all their sessions online and provided a 7 day programme via social media and zoom. Since the start of the pandemic to quarter 3 they have delivered 473 online sessions, delivered 151 outdoor socially distanced sessions which have engaged 5658 people and delivered 247 face to face sessions. In addition, they were involved in food distribution as part of the Healthy Holiday COVID-19 Fund and supported families in need with healthy meals. They created online parent check-ins with families to provide any support needed. They also continue to signpost and share government information from Leeds City Council, Public Health Resource Centre and wider networks.
- 3.7 LS-TEN created online skateboard sessions and videos for families and young people to help them stay active whilst at home. Since the start of the pandemic to quarter 3 they have delivered 20 socially distanced outreach activities engaging with approximately 230 young people and have delivered a total of 75 sessions in schools. They provided summer holiday activities for young people in different areas across the city and have also stayed in contact with families to ensure they were supported during the pandemic. In addition to this, LS-TEN have partnered with the Real Junk Food Project who will be based out of the skate park and provide healthy meals for their sessions. The LS-TEN service is unique to Leeds in that it offers access to a very popular indoor skate park in one of the most deprived communities. They also provide an alternative education offer and have established relationships with many families that would particularly benefit from this healthy living offer.
- 3.8 Health for All (Leeds Ltd) offered a remote service by providing a range of fun activities through Change for Life and offering healthy recipes to families as well as extensive and frequently updated signposting opportunities and services. Since the start of the pandemic

to quarter 3 they have delivered 16 socially distanced outreach activities engaging with approximately 240 young people and have delivered a total of 654 sessions in schools. They have also delivered summer holiday and half term activities in various locations across the city. In addition, they have kept in touch with families and children via telephone support, wellbeing calls and have been part of the delivery of essential items as well as emergency food provision. They have helped with the elderly and vulnerable response to the pandemic with support calls and food delivery.

- 3.9 Approval is therefore being sought to extend the contracts for the full 24 months that are available. This will offer stability of provision to communities in Leeds in times of uncertainty and allow the providers to work on COVID-19 recovery by building on the knowledge of communities and partnership working. If this decision is not taken, the provision will end in March 2022, which will remove a valuable healthy living service from the city for children and young people in deprived areas of Leeds. The organisations are embedded within the local communities, are trusted and recognised in the local area, and engage extremely well with the targeted children. The services have provided good value for money as the providers use this LCC investment to lever further funding to enhance their healthy living work with local families. More recently the services have worked closely together, sharing venues in order to enhance their offer to young people and increasing awareness and jointly applying for funding such as the healthy holiday programme.

4 Corporate considerations

4.1 Consultation and engagement

- 4.1.1 Consultation has taken place with the Executive Member for Health and Wellbeing, the Director of Public Health, Public Health Programme Board and Procurement and Commercial Services (PACS).

4.2 Equality and diversity / cohesion and integration

- 4.2.1 An Equality, Diversity, Cohesion and Integration Impact Screening has been updated in relation to this decision and is attached for information as a background document. There are no issues to be addressed.

4.3 Council policies and the Best Council Plan

- 4.3.1 Continuity of the identified services will support the delivery of key public health priorities, which will help to deliver:
- Vision for Leeds 2011 to 2030
 - Leeds Health and Wellbeing Strategy 2016 – 21
 - Best Council Plan 2020 – 25
 - Children and Young People's Plan 2018-2023
 - The NHS Five Year Forward View and NHS Planning Guidance
 - Leeds Child Healthy Weight Plan 2018-2021
 - Leeds Inclusive Growth Strategy 2018-2023
 - Childhood Obesity A Plan for Action – Chapters 1 and 2
 - Tackling obesity empowering children and adults to live healthier lives (2020)

- 4.3.2 The services operate in local communities to ensure easy access for service users, and therefore minimising the need to travel and encouraging the use of public transport. This helps to reduce carbon emissions and environmental pollution which contributes to city actions to better manage air quality.
- 4.3.3 Through encouraging active lifestyles, the provision helps to ensure we better manage our use of resource intensive (and high footprint) health and care services.
- 4.3.4 The service specification requires that all legislation, guidance and good industry practice in environmental management and the objectives of the Council's sustainability policies are met. Officers from Adults and Health work with the providers through the established contract management process to ensure the services are proactively seeking to minimise their carbon footprint and thereby support the Council in achieving its ambition to be carbon neutral by 2030.

4.4 Resources, procurement and value for money

- 4.4.1 The cost of the contract extension is met by revenue Public Health funding and there is provision within the Public Health budget for these contract extensions.
- 4.4.2 The third sector providers have continued to prove good value for money, as they utilise Council funding as a platform for attracting other sources of funding, and thus deliver higher levels of activity than we could otherwise achieve within the funding envelope.
- 4.4.3 The recommendation relating to the extension is in accordance with Contracts Procedure Rule 21.2 as it is in accordance with its original terms and has been demonstrated, as set out at 3.1 to 3.8, to continue to deliver Best Value.
- 4.4.4 The three family healthy living services will continue to be closely contract managed by the Public Health Advanced Health Improvement Specialist and the Adults and Health Senior Commissioning Officer. Robust contract management processes allow for the on-going monitoring of quality, performance and value for money.

4.5 Legal implications, access to information, and call-in

- 4.5.1 The total value of all three contract extensions combined is below the £500k threshold and therefore this is a Significant Operational Decision. The decision is not subject to call-in.
- 4.5.2 There are no grounds for treating the contents of this report as confidential within the Council's Access to Information Rules.
- 4.5.3 Although there is no overriding legal obstacle preventing the extension of this contract under CPRs 21.2, the contents of this report should be noted. In making their final decision, the Director of Public Health should be satisfied that the course of action chosen represents best value for the Council.

4.6 Risk management

- 4.6.1 The approval of a twenty-four month contract extension for the three family healthy living contracts will enable continuity of service provision and increased surety for the providers. This will help to retain staff and enable continued innovation.
- 4.6.2 Appropriate governance arrangements are in place to identify and mitigate identified risks including regular contract management meetings, overview of contract risk and reporting to the Public Health Programme Board where appropriate.

5 Conclusions

- 5.1 A robust contract management process has concluded that the current three family healthy living services are all high quality, performing well and continuing to meet the original aims of their individual contracts.
- 5.2 A twenty-four month contract extension is required to ensure continuity in the delivery of an integrated family healthy living service and to ensure that the provision of work in Leeds most deprived communities is continued.
- 5.3 Throughout the twenty-four month extension period, the contracts will continue to be robustly contract managed to ensure that performance, quality and value for money is being achieved for the Council.

6 Recommendations

- 6.1 The Director of Public Health is recommended to approve the twenty-four month contract extension period that is available for the existing family healthy living service contracts with effect from 1st April 2022 for a maximum value of:

DN 464256 - Lot 1: DANCE ACTION ZONE LEEDS - £157,040 (£78,520.00 per annum)

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DN 464242 - Lot 3: Health for All (Leeds Ltd) - £166,080 (£83,040.00 per annum)

7 Background documents¹

None.

¹ The background documents listed in this section are available to download from the council's website, unless they contain confidential or exempt information. The list of background documents does not include published works.