

**Report of:** Head of Locality Partnerships

**Report to:** Outer North West Community Committee  
Adel and Wharfedale, Guiseley and Rawdon, Horsforth and Otley  
and Yeadon

**Report author:** Jonny Russell

**Date:** 30 January 2023

**For recommendation / to note**

## **Outer North West Community Committee - Update Report**

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### **Purpose of report**

1. To bring to members' attention an update of the work which the Communities Team is engaged in, based on priorities identified by the Community Committee. It also provides opportunities for further questioning, or to request a more detailed report on a particular issue.
2. This report provides regular updates on some of the key activities between Community Committee meetings and functions delegated to Community Committees, Community Champions roles, community engagement, partnership and locality working.

Updates by theme:

### **3. Children and Families: Councillor Billy Flynn**

4. Preparations are taking place for the Outer North West Youth Summit to take place in March 2023. This will be the first event since February 2020.

### **Environment and Community Safety: Councillor: Barry Anderson**

5. The Outer North West Environmental sub Group took place on Friday 13<sup>th</sup> January 2023 and the Community Safety Sub Group took place on Tuesday 17<sup>th</sup> January 2023.

### **Transport- Cllr Wadsworth**

6. The Transport sub group met on Friday 20<sup>th</sup> January 2023 and First came to speak to sub group members regarding transport in Outer North West.

### **Health, Wellbeing and Adult Social Care: Councillor Caroline Anderson**

7. The Health, Wellbeing and adult sub group met with Active Leeds in November 2022 and subsequently invited them to this committee to speak to the wider committee.
8. Employment and Skills update: Councillor Ryk Downes

**Employment and Skills update will be provided at the next Community Committee in March 2023.**

9. Health Update  
OUTER NORTHWEST COMMUNITY COMMITTEE UPDATE-LEEDS CITY COUNCIL -  
PUBLIC HEALTH  
Health & Wellbeing January 2023

Message from Micheal Budd-Offer for any Winter Wellbeing Events you may be holding.

During the colder months the Winter Friends initiative has been launched again and continues into 2023 and is calling out for anyone with community events during this period. This year, more than ever, with the cost-of-living crisis means that so many people will be left isolated and vulnerable and Winter Friends would like to be there to help. If you know of any winter/health/wellbeing/community-related events or have any future in yourself, please do keep us in mind and drop us a little note. We can bring helpful resources and 'Okko' the Owl mascot too. Thank you so much in advance (back to the last few weeks of summer - enjoy!)

### **WINTER & THE COST-OF-LIVING CRISIS**

With winter approaching and food and fuel poverty as a priority for the council below are some campaigns that we should be aware of.

Campaigns to be aware of: Leeds Winter coat appeal - Zero Waste Leeds

Free electric blankets <https://octopus.energy/blog/free-electric-blankets-for-our-most-vulnerable>.

Help with Food, Energy and Household Bills: Help with food and bills (leeds.gov.uk)  
Tips on taking action to save money. Energy Bills - Citizens Advice Leeds  
Help with Food, Energy and Household Bills during the Cost-of-Living Crisis  
<https://www.leeds.gov.uk/benefits/help-with-food-and-bills>

## Making Every Contact Count Training.

If you have an interest or responsibility for promoting health and wellbeing in Leeds and you have conversations with people about their health and wellbeing you may wish to attend our Making Every Contact Count (MECC) training.

## Healthy Conversations Really Do Matter.

Healthy conversations really do matter, a MECC conversation can be used to signpost and offer support on health-related issues in any setting and it only takes a few minutes. Anyone can have a MECC conversation, you don't need to be a clinical professional to empower someone to make a change for the better. Using a MECC approach in our day-to-day conversations can have a huge impact on the health and wellbeing of the people of Leeds.

For more details contact PHRC [PHRC@leeds.gov.uk](mailto:PHRC@leeds.gov.uk) and / or follow the links. Making Every Contact Count Training ([leeds.gov.uk](https://leeds.gov.uk)) and MECC Link - Simple signposting to better health and wellbeing.

## FREE THERAPY SESSIONS FOR THOSE WHO CARE FOR OTHERS. (THIS OFFER IS STILL AVAILABLE)

There are six free therapy sessions on offer with the possibility of another six free sessions after consultation with the client and therapist if you are experiencing feeling difficult to cope with after caring for others during the Covid-19 epidemic. There is also a opportunity to have an initial informal wellbeing 'chat' with a counselor if you are unsure.

Here is a link to our at-a-glance page which contains links to all of our offers

<https://wystaffwellbeinghub.co.uk/support-for-me/get-support>

The main Hub page is here <https://wystaffwellbeinghub.co.uk/> - this also hosts a little animation which explains the Hub.

The key messages are these:

If you work in a health and care organisation, or care for others, have volunteered during the Covid-19 pandemic or work for a third sector organisation active and again looking after others during the coronavirus epidemic. in West Yorkshire and are experiencing feelings that are difficult to cope with, our mental health workers are here to support you now and find the extra help that is right for you.

The service is completely free and confidential, wherever you work, and offers advice and support that can help with a range of issues. The Hub is for everyone – including volunteers.

The staff support line operates every day, 8am-8pm and is staffed by trained listeners. Call free on 0808 196 3833.

You can self-refer for one-to-one therapy. Referrals are actioned within one working day and a first appointment will be offered for within a week. This is our self-referral page <https://wystaffwellbeinghub.co.uk/support-for-me/self-referral>

Please feel free share this information with colleagues and amongst your professional networks as appropriate.

If you are unable to make a session or miss one they are recorded and available through the PHRC website. Want to know more about ... ([leeds.gov.uk](https://leeds.gov.uk))

If you would like to be kept informed of future training opportunities offered by the Leeds Public Health team, subscribe to receive the Public Health Resource Centre newsletter

## **Corporate Considerations**

### **Consultation and Engagement**

10. The Community Committee has, where applicable, been consulted on information detailed within the report.

### **Equality and Diversity/Cohesion and Integration**

11. All work that the Communities Team are involved in is assessed in relation to Equality, Diversity, Cohesion and Integration. In addition, the Communities Team ensures that the wellbeing process for funding of projects complies with all relevant policies and legislation.

### **Council Polices and City Priorities**

12. Projects that the Communities Team are involved in are assessed to ensure that they are in line with Council and City priorities as set out in the following documents:

1. Vision for Leeds 2011 – 30
2. Best City Plan
3. Health and Wellbeing City Priorities Plan
4. Children and Young People's Plan
5. Safer and Stronger Communities Plan
6. Leeds Inclusive Growth Strategy

### **Resources and Value for Money**

13. Aligning the distribution of community wellbeing funding to local priorities will help to ensure that the maximum benefit can be provided.

### **Legal Implications, Access to Information and Call In**

14. There are no legal implications or access to information issues. This report is not subject to call in.

## **Risk Management**

15. Risk implications and mitigation are considered on all projects and wellbeing applications. Projects are assessed to ensure that applicants are able to deliver the intended benefits.

## **Conclusions**

16. The report provides up to date information on key areas of work for the Community Committee.

## **Recommendations**

17. The Community Committee is asked to note the content of the report and comment as appropriate.

## **Background documents<sup>1</sup>**

18. None.

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<sup>1</sup> The background documents listed in this section are available for inspection on request for a period of four years following the date of the relevant meeting Accordingly this list does not include documents containing exempt or confidential information, or any published works Requests to inspect any background documents should be submitted to the report author.