

PRESENTED BY:  
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# ADDRESSING MENTAL HEALTH INEQUALITIES WITHIN MINORITY ETHNIC COMMUNITIES

Leeds in Mind (HNA) 2017:  
Ethnic Inequalities (increased  
risk + poorer outcomes).  
Highlighted x 2 risk of  
detention for people from  
Black ethnic background and x  
2.5 risk Mixed Ethnic  
Background

## HNA



Recognising and  
addressing structural  
inequalities, racism and  
discrimination.

Listening to and engaging  
with communities

## APPROACH



Cross-sectoral steering  
group with representation  
from Public Health, local  
authority, mental health  
services, third sector and  
adult social care

## PARTNERSHIP



Developing a shared  
narrative with Synergi  
Collaborative helped us to  
formulate a scaffolding for  
solutions with a  
commitment of a city-wide  
pledge

## ALIGNMENT



synergi LEEDS

PART OF THE SYNERGI  
COLLABORATIVE NETWORK



## ACTION

Recurrent funding for senior  
capacity in the system to  
anchor the work and to fund  
grassroots mental health  
grants £100,000 a year  
across adult and CYP



## INFLUENCING

Over representation of diverse  
communities detained in crisis is  
priority in Leeds Mental workers and  
Third Sector Health Strategy. Close  
working relationship with acute mental  
health trust, social care and third  
sector



## CREATIVITY

Co-designing and  
facilitating Creative Spaces  
events with service users to  
bring awareness of this  
agenda through art and  
creativity.



## IMPACT

8 Adult and 6 Children,  
young people and families  
people grant holders offering  
support in a culturally  
sensitive way that works  
towards reducing stigma and  
increasing trust